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1 The S1P mimetic fingolimod phosphate regulates mitochondrial oxidative 2 stress in neuronal cells.

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14 Abstract

Fingolimod is one of the few oral drugs available for the treatment of multiple 15 sclerosis (MS), a chronic, inflammatory, demyelinating and neurodegenerative 16 disease. The mechanism of action proposed for this drug is based in the 17 phosphorylation of the molecule to produce its active metabolite fingolimod 18 19 phosphate (FP) which, in turns, through its interaction with S1P receptors, triggers the functional sequestration of T lymphocytes in lymphoid nodes. On 20 the other hand, part if not most of the damage produced in MS and other 21 neurological disorders seem to be mediated by reactive oxygen species (ROS), 22 and mitochondria is one of the main sources of ROS. In the present work, we 23 have evaluated the anti-oxidant profile of FP in a model of mitochondrial 24 oxidative damage induced by menadione (Vitk3) on neuronal cultures. We 25 provide evidence that incubation of neuronal cells with FP alleviates the Vitk3-26 27 induced toxicity, due to a decrease in mitochondrial ROS production. It also decreases regulated cell death triggered by imbalance in oxidative stress 28 (restore values of advanced oxidation protein products and total thiol levels). 29 restores mitochondrial function (cytochrome c oxidase activity, 30 Also mitochondrial membrane potential and oxygen consumption rate) and 31 morphology. Furthermore, increases the expression and activity of protective 32 factors (increases Nrf2, HO1 and Trx2 expression and GST and NQO1 activity), 33 being some of these effects modulated by its interaction with the S1P receptor. 34 FP seems to increase mitochondrial stability and restore mitochondrial 35 36 dynamics under conditions of oxidative stress, making this drug a potential candidate for the treatment of neurodegenerative diseases other than MS. 37

38 Keywords

Fingolimod, Fingolimod Phosphate, Mitochondria, Oxidative stress,Neuroprotection, Antioxidant.

41 **1. Introduction**

Fingolimod is one of the few drugs available orally for treatment of Multiple 42 sclerosis (MS), a chronic, inflammatory, demyelinating and neurodegenerative 43 disease affecting the central nervous system [1-3]; showing a remarkable 44 improvement in the clinical condition of the patients. Fingolimod produce its 45 effects through the interaction of the drug with the sphingosine-1-phosphate 46 (S1P) receptor [4–7], promoting a functional sequestration of T lymphocytes 47 into lymphoid nodes. Studies on the effect of fingolimod have accumulated 48 evidences, in addition to the well-documented regulation of the immune system, 49 pointing to different mechanisms of action, other than the immunological, 50 involved in the final effects of the drug; these include neuroprotective actions, 51 mediated in part by their interaction with the neuronal S1P receptors [8]. In this 52 sense there are works that indicate a neuroprotective effect of fingolimod [9,10] 53 that could promote an improvement in cognitive function in ischemic processes 54 [11] and neurodegenerative disorders like Huntington [12] or Alzheimer's 55 disease [13,14]. 56

In MS, inflammation, demyelination and neuronal and axonal damage are some 57 58 of the pathophysiological mechanisms involved in the onset and progression of the disease [15] and in part, these injuries occur through mechanisms of 59 oxidative stress [16]. Reactive oxygen species (ROS) play a crucial role in early 60 and late stages of different neurological disorders [17-19]. The presence of 61 inflammatory cells along with the production of inflammatory cytokines activate 62 the generation of oxidative pathways. These species produced in inflammatory 63 conditions, can cause important damage to macromolecules such as DNA, 64 lipids and proteins. 65

Mitochondria is one of the main sources of ROS [20]; during the process of 66 electron transport across the mitochondrial respiratory chain (MRC), a small 67 percentage (less than 5%) of the electrons flowing through the chain. escapes 68 and are attached directly to the O_2 forming anion superoxide (O_2^{-1}) [21]. Given 69 70 the high susceptibility of the central nervous system to ROS, it is worth thinking that oxidative stress, along with mitochondrial dysfunction, contribute 71 significantly to the neurodegeneration in MS, as well as in other neurological 72 73 disorders such as Parkinson's disease, Alzheimer's disease or Huntington 74 [22,23]. To counteract an imbalance by high production of ROS, the cells use 75 defence mechanisms, among others, antioxidant enzymes. This leads to think 76 that maintaining or recovering REDOX homeostasis can be a therapeutic target in MS [24] and other neurological disorders that involve an increase in ROS 77 78 [25].

In neurodegenerative diseases, including MS, ROS production depends mainly
on high-producing enzymes expression in macrophages/microglia [26–28],
which damages neuronal mitochondria [18,29,30] possibly by the production of
oxidative damage in mitochondrial DNA [31]. In addition, the production of ROS

by mitochondria contributes to retrograde REDOX signalling from the organelleto the cytosol and nucleus [32,33].

In this paper, we will study the effect of fingolimod phosphate on the oxidative status, in a model of mitochondrial oxidative damage induced by menadione on neuronal cultures. In our opinion, fingolimod can exert its beneficial effect in MS and other neurodegenerative diseases not only through the modulation of the immune response, but also with the promotion of mechanisms for protection/repair of neuronal cell damage.

91

92 2. Material and Methods

93 2.1. Cell culture and treatments

Fingolimod phosphate is the active compound produced by phosphorylation of fingolimod in different tissues. In order to obtain a more tight control on the concentration of drug in the culture media, in this work we have used in all the incubations the active metabolite fingolimod phosphate (FP) kindly provided by Novartis, instead of the prodrug.

The SN4741 dopaminergic cell line derived from mouse substantia nigra [34] 99 was cultured in D-MEM high glucose supplemented with 10% FCS penicillin-100 streptomycin, and L-glutamine (Gibco) to about 70-80% confluence. Cells were 101 seeded in 100 mm² dish (5 millions) or glass botton 35 mm² dish and 6-well 102 103 plates (200,000 each) and treated with different concentrations (5 and 15 µM) of menadione (vitamin K3, Sigma), a superoxide generating compound, in the 104 absence or presence of 50 nM FP. The S1P receptor antagonists, W123 10 µM 105 (Cayman Chemicals), was also co-incubated with menadione (Vitk3) and FP. 106 The treatments were carried out in Locke's solution modified (137 mM NaCl, 5 107 mM CaCl₂, 10 mM KCl, 25 mM glucose, 10 mM Hepes, pH:7,4) supplemented 108 with penicillin-streptomycin and L-glutamine during 2 to 6 hours. For confocal 109 microscopy studies, immunocytochemistry, Giemsa and the measurement of 110 mitochondrial oxygen consumption, dishes, plates and coverslips were pre-111 coated with 100 µg/mL of poly-D-lysine. 112

Additional experiments were performed to assess the effect of FP in the recovery of the oxidative damage produced. In these experiments, after incubation of two hour with Vitk3, the buffer was changed by, only buffer (in control cells) or buffer whit 50 nM FP (treated cells) and the same but in presence of 10 μ M W123 to clarify the contribution of the S1P receptor on this recovery.

119 2.2. Cell viability

120 Viability was determined by quantifying the release of the intracellular enzyme 121 lactate dehydrogenase (LDH, EC 1.1.1.27) [35]. The LDH levels were measured

- in cell-free culture supernatants using a commercial spectrophotometric assay
 kit (Randox Laboratories Ltd., UK) adapted to a Cobas Mira Autoanalyser (ABX
 Diagnostics, France). The results are expressed as the percentage of LDH
 released into the medium relative to total LDH (medium and cells lysed using
 Triton XTM-100). For morphology studies, cells were fixed in 100% methanol
 and stained with Giemsa (Merck). Cells were examined for nuclear,
 cytoplasmic and cell membrane changes.
- 129 2.3. Caspase activation assay

Caspase-3 cleavage was used to study apoptosis. Compounds (Vitk3, FP, and
W123) were mixed in Locke's solution modified and pipetted into wells together
with 5 µM NucView[®] 488 caspase-3 substrate (Biotium) and incubated at 37 °C.
Staurosporine was used as a positive control (data not shown). Images were
acquired using a fluorescence Nikon Eclipse Ti inverted microscope.
Fluorescence analysis was performed by using FIJI program (ImageJ software
US National Institute of Health; http://imagej.nih.gov/ij/)

137 2.4. Determination of mitochondrial levels of ROS

Mitochondrial ROS production was estimated by measuring O_2^{-1} production via 138 flow cytometry using MitoSOX[™] Red (Molecular Probes), according to 139 previously published procedures [36,37]. Prior to the end of the incubation 140 period, the cells were labelled with 2.5 µM MitoSox for 30 min at 37 °C. The 141 cells were then washed and immediately analysed via flow cytometry using the 142 585/40 nm (FL2) filter in an Accuri[™] C6 flow cytometer (BD biosciences). Ten 143 thousand events (cells) were recorded and evaluated using FCS Express 5 144 software (De Novo Software). 145

146 2.5. Preparation of homogenised cells

The cells were suspended in buffer containing 10 mM HEPES, 10 mM KCl, pH 7.4, a protease inhibitor cocktail and phosphatase inhibitors (Sigma), incubated at 0 °C for 20 min and homogenised in the presence of 0.01% digitonin. The Bradford protein assay was used to measure the concentration of total protein in the samples [38].

152 2.6. Antioxidant enzyme activity

NQO1 activity (EC 1.6.99.2) was measured as described elsewhere [39] by following the decrease in NADH absorbance at 340 nm adapted to a Cobas Mira Autoanalyzer. The reaction mixture at a final volume of 200 μ L contained 25 mM Tris-HCl (pH 7.5), 0.01% Tween 20, 0.7 mg/mL BSA (pH 7.4), 40 μ M menadione, 5 μ M FAD, 200 μ M NADH, and cell extract. Measurements were made at 25 seconds intervals over a time period of 10 min. One activity unit was defined as the oxidation of 1 μ mol NADH to NAD/min at 37 °C.

- GST activity (E.C.2.5.1.18) was determined spectrophotometrically at 340nm by
 measuring the formation of the conjugated of glutathione and 1-chloro-2,4 dinitrobenzene (CDNB). One unit is the amount of enzyme that catalyses the
 formation of 1 µmole of S-2-2,4-dinitrophenylglutatione per minute at 37°C using
 1mM concentration of GSH and CDNB.
- 165 2.7. Markers of oxidative stress
- 166 2.7.1. Determination of homogenates sulfhydryl groups (total thiol).

Cell homogenate sulfhydryl (-SH) groups were determined by using Ellman's 167 reagent 5,5'-dithiobis(2-nitrobenzoate)-DTNB adapted to Cobas Mira [36]. 168 Sample (10 µL) was mixed with 200 µL of 0.1 M Tris buffer, containing 10 mM 169 EDTA, pH 8.2. The absorbance at 405 nm, given by the sample alone, was 170 subtracted from that obtained from the same sample 10 min after addition of 8 171 µL of 10 mM DTNB. A blank containing only DTNB was also included, and -SH 172 concentration was calculated by using a standard curve of glutathione. Intra-173 and inter-assay variation coefficients were 1.2% and 6%, respectively. 174

- 175 2.7.2. Determination of advanced oxidation protein products (AOPP).
- AOPPs were evaluated using a microassay adapted to Cobas Mira [40]. Briefly, 18 μ L of sample or chloramine-T (ch-T) standard solutions (400–6.25 μ mol/L) were placed in each well of the Cobas Mira autoanalyser followed by addition of 200 μ L of reaction mixture, consisting of 81% phosphate buffer solution (PBS), 15% acetic acid, and 4% 1.16 mM potassium iodide. Absorbance was read at 340 nm (the blank contained PBS instead of sample). AOPP concentration was obtained based on measured ch-T equivalents.
- 183 2.8. Electrophoresis and Western blot

The samples were resuspended in (5X) polyacrylamide gel electrophoresis 184 (SDS-PAGE) loading buffer and boiled at 100 °C for 3 min using a thermo-185 block. The samples were then loaded (15 µg of protein/well) on a 12% 186 187 polyacrylamide gel and subjected to a constant current of 130 V for one hour. The transfer was performed using a semi-dry transfer device (Trans-Bolt 188 Turbo[™], Bio-Rad) to a nitrocellulose membrane with a pore size of 0.45 µm 189 (current intensity: 0.8 mA/cm² for 7 min). After blocking (TBS/twin/0.5% fat free 190 milk), the membranes were incubated in various primary antibodies (produced 191 in rabbit) at different dilutions (Trx2 (1:500 v/v) from Santa Cruz Biotechnology, 192 anti-β-actin (1:1000 v/v) and Nrf2 (1:500 v/v) from Cell signalling technology and 193 anti-Heme-oxygenase-1 (1:1000 v/v) Calbiochem) for 12 h at 4 °C, followed by 194 incubation for 1 h with anti-rabbit IgG alkaline phosphatase conjugated 195 196 secondary antibody (Sigma) at a 1:10000 v/v dilution. The final colour reaction developed using nitro blue tetrazolium/5-bromo-4-chloro-3-indolyl 197 was phosphate (NBT/BCIP). The Western blots were digitised using a flatbed 198

scanner (HP Scanjet 5500c, Hewlett-Packard) and analysed using ImageJ
 software (US National Institute of Health; http://imagej.nih.gov/ij/).

- 201 2.9. Measurement of mitochondrial markers
- 202 2.9.1. Mitochondrial membrane potential

Mitochondrial membrane potential (MMP) was evaluated using the lipophilic 203 cationic probe 5.5.6',6'-tetrachloro-1,1',3,3'-tetraethylbenzimidazolcarbo-cyanine 204 iodide (JC-1) according to a previously described procedure [41]. JC-1 is a 205 206 lipophilic carbocyanine that exists in a monomeric form and accumulates in mitochondria. In the presence of a high MMP, JC-1 reversibly forms aggregates 207 208 that, after excitation at 488 nm, fluoresce in the orange/red channel (FL2-590 nm). Collapse of the MMP provokes a decrease in the number of JC-1 209 aggregates and a subsequent increase in monomers that fluoresce in the green 210 channel (FL1-525 nm). This phenomenon is detected as a decrease in 211 orange/red fluorescence and/or an increase in green fluorescence. The MMP 212 was estimated from the red/green ratios as the FL2/FL1 ratio of JC1 staining by 213 flow cytometry. Thus, cells were incubated in 1 µg/mL JC-1 for 20 min at 37 °C, 214 rinsed twice, detached and immediately analysed using FL1 and FL2 filters in 215 an Accuri[™] C6 flow cytometer (BD biosciences). Ten thousand events (cells) 216 217 were recorded and evaluated using FCS Express 5 software (De Novo Software). To completely deplete the MMP, the potassium ionophore 218 valinomycin (1 µM) was used as control. 219

220 2.9.2. Determination of cytochrome c oxidase (COX) activity

COX activity (EC 1.9.3.1) in cell homogenates was assessed using a COX
assay kit adapted to a Cobas Mira Autoanalyzer [42]. This assay is based on
observation of the decrease in absorbance at 550 nm of ferrocytochrome c
caused by its oxidation to ferricytochrome c by cytochrome c oxidase. One unit
was defined as the oxidation of 1.0 µmol of ferrocytochrome c per minute at pH
7.0 and 37 °C.

227 2.9.3. Mitochondrial oxygen consumption rate

Mitochondrial oxygen consumption rate (OCR) was measured using a Seahorse 228 Bioscience XF24 analyzer (Agilent) in the specific 24-well plates at 37°C, with 229 correction for positional temperature variations adjusted from 4 empty wells 230 evenly distributed within the plate [43]. Cells were seeded at 20,000 cells per 231 well during 18 h prior to the analysis and each experimental condition was 232 performed on 8 replicates. Before each measurement, the cells were washed 233 and 590 µL of Agilent Seahorse XF Base Medium without phenol red was 234 235 added to each well. After a 15 min equilibration period, 3 successive 2 min measurements were performed at 3 min intervals with inter-measurement 236 mixing to homogenize the oxygen concentration in the medium, and each 237 condition was measured in independent wells. Concentrated compounds (10X) 238

- were injected into each well by using the internal injectors of the cartridge and 3
 successive 2 min measurements were performed at 3 min intervals with inter measurement mixing. Measurements were normalized according to protein
 concentration in each well.
- 243 2.10. Measurement of mitochondrial distribution

The green-fluorescent mitochondrial stain MitoTracker[™] Green FM (MTG)
(Molecular Probes) was used to localize the mitochondria after treatments [44].
Cells were incubated in 75 nM MTG for 30 min at 37 °C, rinsed and observed
under a confocal microscope LEICA SP5 II (Wetzlar) with excitation at 488 nm
and emission at ~530 nm.

249 2.11. Electron microscopy

Two independent sets of experiments were performed for morphological 250 analyses. Cell pellets were processed as described previously with some 251 modifications [45]. Briefly, samples were fixed in 2.5% glutaraldehyde (Electron 252 Microscopy Sciences) in 0.1 M cacodylate buffer and postfixed with 1% osmium 253 tetroxide. Cell pellets were gradually dehydrated in ethanol series (30%, 50%, 254 255 70%, 95% and 100%) and then embedded in Araldite (Serva Electrophoresis). Ultra-thin sections (70 nm) were cut and collected on 150 mesh copper grids 256 and stained with UranyLess (Electron Microscopy Sciences) followed by 257 Reynolds lead citrate staining. Sections were examined with a FEI NOVA 258 259 NanoSEM 450 and images were obtained using the STEM mode using Solid 260 State Detector with voltage at 30 kV.

261 2.12. Immunocytochemical Staining

Cells were fixed by adding methanol previously chilled at -20 °C and incubating 262 the plate at -20 °C for 20 min. The wells were washed with PBS and coverslips 263 were removed and incubated with Nrf2 primary antibody (1:50 v/v) Santa Cruz 264 Biotechnology in PBS/3% BSA/0.02% sodium azide at 4°C over-night and 265 thereafter incubated with a fluorescent secondary antibody Alexafluor[™] 488 (2 266 drops/mL) (Life technologies), in PBS/BSA for 30 min at room temperature in 267 the dark. Coverslips were mounted with Fluoromount[™] (Sigma) and images 268 were acquired using a confocal microscope LEICA SP5 II (Wetzlar) with 269 excitation at 488 nm and emission at ~530 nm and processed using the 270 software LAS AF Lite (Leica). 271

272 2.13. Statistical analysis

273 Statistical differences were determined using one-way ANOVA. Pairwise 274 comparisons were performed using a post hoc Newman-Keuls multiple 275 comparison test. Statistical significance was considered to be p<0.05. For data 276 in which the measured units were arbitrary, the respective values represent the 277 percentage relative to the control value unless specified. 278

3. Results and Discussion

280 In the last years, evidence has accumulated suggesting a major role of oxidative stress in the pathogenesis of neurodegenerative diseases, including 281 MS [46,47], being implicated as mediators in demyelination and axonal 282 damage. Antioxidants could be thus considered as therapeutic tools in these 283 diseases in which could prevent the propagation of tissue damage, improving 284 survival and neurological outcomes [48,49]. In this context, we have studied the 285 antioxidant profile of fingolimod in a model of mitochondrial oxidative damage 286 induced by menadione (Vitk3), a ROS generator in mitochondrial compartment 287 288 [50], on neuronal cultures.

The FP concentration chosen has been based in experiments on the toxicity of 289 the drug in a range from 0.1 to 100 nM on control cultures where no damage 290 was seen (data not shown). In other set of experiments, different concentrations 291 of FP were tested for the ability to protect neuronal cultures against the damage 292 produced by 15 µM Vitk3, assessed by cell viability (Fig. 1a). The dose chosen 293 in this study (50 nM FP) was the most effective preventing cell death. In the 294 analysis of the Giemsa stained images of Vitk3 treated cells compared to 295 control (Fig. 1 c2 and c1), we found a great heterogeneity in cell size and 296 shape, with shrunken condensed pyknotic nuclei. Some cells show a loss of 297 plasma membrane integrity with poor interconnections and loss of neuronal 298 processes as well as different degrees of swelling (Fig. 1 c2). When 50 nM FP 299 is present in the treatment media, cells recover a morphology similar to control 300 cells. Although a few of them still show nuclear condensations, they tend to 301 stablish interconnections and shape and size become similar to control cells 302 (Fig. 1 c3). The effect of FP on cell morphology is reverted when the S1P 303 antagonist W123 (10 μ M) was included in the incubation media (Fig. 1 c4). 304

We have investigated the mitochondrial production of ROS in neuronal cultures after treatment with Vitk3 in presence or absence of 50 nM FP to evaluate its antioxidant effect. In these experiments, we have found an increase in mitochondrial ROS production after treatment whit Vitk3 compared to control which returns to near control levels in presence of FP (Fig. 1b)

This dose was also evaluated at the electron microscopy (EM) level (Fig. 2); in 310 these experiments, we have analysed the ultrastructural morphology of neurons 311 after various treatments. Untreated cells (CO) showed an ovoid or round shape. 312 In general, nuclei possess indented zone and contain at least one large 313 nucleolus. The cytoplasm displayed free ribosomes, elongated/sinuous cisterns 314 of endoplasmic reticulum. The cisternae of Golgi stacks were well organized. 315 The deleterious effect of Vitk3, leading to cell damage an death can also be 316 observed at the electron microscopy level, where Vitk3 (4h of incubation) induce 317 318 ultrastructural alterations in the cells. These are extremely heterogeneous with respect to both shape and size, indicating alterations of the cellular cytoskeleton 319 and in some peripheral cytoplasmic area dilated cisterns of endoplasmic 320 321 reticulum (ER) can be observed. Nuclei rarely display a nucleolus and large

area of the cytoplasm are poor in organelles with a significant reduction of ER 322 and mitochondria number, as will be commented later. The Golgi apparatus is 323 rarely observed and the cisternae are fragmented. Moreover, a few cells 324 showed a loss of plasma membrane integrity. In these experiments, we do not 325 see a typical morphology of apoptosis; as seen in caspase-3 activation 326 experiments (Fig. 4), probably because instead of a clear apoptotic process, we 327 are facing a mixture of different processes recently denominated regulated cell 328 death (RCD) [51,52], including apoptosis, ferroptosis and necrosis among 329 others, as described recently in pathologies characterized by cell death and 330 inflammation, such as some neurodegenerative diseases including MS [53,54]. 331 When Vitk3 and FP are combined, the cells showed an improvement in its 332 morphology. The cells show electron-dense chromatin balls and in the 333 334 cytoplasm, some normal mitochondria can be found. Small Golgi apparatus and ER tubules shorter than the previous condition are observed. 335

The morphological damage found at EM, is probably induced by the increase in 336 ROS production promoted by Vitk3, which involves an imbalance in oxidative 337 stress, and is prevented by FP (Fig 1b). When we studied the advanced 338 oxidation protein products (AOPP), a marker of oxidative damage (Fig 3a). Vitk3 339 increases by 35.2% the levels of AOPP compared to control. This increase 340 returns to near control levels after co-incubation with FP. Furthermore, we have 341 also found a beneficial effect of FP in the cellular antioxidant pool of total thiols 342 (Fig 3b), where incubation with Vitk3 produces a decrease of 46.7% compared 343 to control; reduced to only 21.1% after co-incubation in presence of FP. The 344 decrease in total thiols could promote a malfunctioning of GST, GPX4 and/or 345 other key enzymes involved in the detoxification of products induced by ROS 346 347 that in turn, could cause neuronal damage contributing to RCD processes as seen in some neurodegenerative diseases including MS [54,55]. Although our 348 approach is based in a model of mitochondrial damage and not in a MS model, 349 350 this effect is similar to that found in animal models of MS [54] and in relapsing remitting multiple sclerosis (RRMS) patients taking fingolimod, where a 351 decrease in oxidative markers compared to newly diagnosed patients without 352 353 immunomodulatory therapy was found [56].

The increase in mitochondrial ROS production also induces the activation of 354 caspase-3. In our experiments, FP reduces the caspase-3 activation induced by 355 356 Vitk3 (Fig 4), although we have been unable to demonstrate clear differences in caspase-3 western blot experiments, agreeing with the Giemsa staining 357 experiments, where not all cells showed a classic apoptotic morphology. The 358 decrease in caspase-3 activation promoted by FP could be attributed to the 359 360 improvement in mitochondrial dynamics as seen by EM, mitochondrial ROS production and caspase activation experiments. The same applies to PAPR1 361 western blot experiments, where we were unable to see clear differences (data 362 363 not shown).

Mitochondrial damage has been proposed as one of the mechanisms involved in the pathogenesis of neurodegenerative diseases including MS, mainly focused on the production of oxidative molecules [18,22,33] and then, the mitochondrial targeted antioxidants could be considered as a good strategy for
the treatment of MS damage [57]. In order to evaluate the mitochondrial
targeted antioxidant effect of FP we have studied the mitochondrial morphology,
distribution and function, after treatment with Vitk3 in presence or absence of 50
nM FP in neuronal cells cultures.

372 Morphologically in EM experiments, CO cells showed mitochondria not 373 dispersed into cytoplasm but localized in discrete area of the cells with orthodox 374 configuration. After treatment with Vitk3 (4h), almost all the mitochondria show ultrastructural alterations at the electron microscopy level, such as thin cristae 375 and distorted/disrupted cristae in rarefied matrix. A subset of mitochondria also 376 exhibit cristae stacks indicating a loss of connectivity to the inner membrane. In 377 some cases mitochondria exhibit swelling with or without highly electron 378 contrasted membranous whorls. Whorls formations can be the results of 379 repetitive autophagy events linked to lipid peroxidation. When Vitk3 and FP are 380 combined, normal mitochondria can be found in the cytoplasm, although we still 381 382 can find mitochondria with variable size due to swelling with reduction or disrupted cristae (Fig 2 insert). 383

- Mitochondrial cellular distribution changes under stress conditions and when its 384 integrity are damaged (ie. oxidative stress unbalance). Healthy mitochondria are 385 evenly distributed in soma and axons, with certain predominance in areas 386 where energy is required (pre and postsynaptic), and are also important along 387 the axon, where they serve to maintain the degree of polarisation needed to 388 transmit the action potential and as calcium regulator [58]. Unhealthy 389 390 mitochondria remain closer to the nucleus without reaching more peripheral areas of the cells; furthermore, damaged mitochondria are transported back, 391 392 close to the cell body, where lysosomes and other organelles, needed to degrade mitochondria, are more abundant [59]. Our experiments with MTG to 393 394 study distribution (Fig 5), showed a change in the network pattern, going from normal fusiform structures evenly distributed and found as a filament shape in 395 neuronal body and axons of control cells, to a more disorganized structure of 396 swelled and sphere shaped mitochondria in Vitk3 treated cells. Co-incubation 397 398 with FP partially recovers the localization of mitochondria within axoplasm, 399 which is necessary to axonal function.
- 400 Functionally, as can be seen in figure 6a, incubation of cells with Vitk3 produces a dramatical decrease (43.7 %) in MMP compared to control; this can be almost 401 totally reverted by the co-incubation of Vitk3 in presence of FP. One explanation 402 for the decline in MMP can be the formation, induced by Vitk3/ROS, of 403 mitochondrial transition pores (mPTP) [50] which impairs morphology, function 404 and distribution in axons and body cells [60]. The recovery in the MMP 405 promoted by FP acting as a S1P mimetic, could be related with the interference 406 in the formation/maintenance/opening of mPTP. Interestingly mPTP has been 407 involved in the axonal damage found in MS and other neurodegenerative 408 409 diseases [60].

MMP and COX, the main regulator enzyme complex of the mitochondrial 410 respiratory chain, are linked in healthy and pathological situations. In healthy 411 situations, COX activity maintain the MMP at normal levels (~120 mV) sufficient 412 for efficient energy generation. In pathological situations, a decrease in COX 413 activity (such as in acute inflammation) leads to a decrease in MMP and energy 414 415 depletion; and the increase in COX activity (such as in ischemia/reperfusion), 416 increases MMP and triggers ROS production, damaging the cell and leading to cell death [61]. 417

In our work, we have found a 20.7 % decrease in COX activity after incubation 418 with Vitk3, again this effect was counteracted with the co-incubation of cultures 419 in presence of FP, restoring COX activity to control levels (Fig 6b). The 420 decrease in COX activity could be due to an increase in ROS production 421 triggered by Vitk3, as seen by others [62]. Also, a decrease in COX activity 422 produced by the increase in ROS generated in inflammatory processes, has 423 been reported in MS and other neurodegenerative diseases [63,64]. In this 424 sense, FP contributes to a decrease in ROS production, as commented above, 425 that could be related with the restoring in COX activity. We could speculate that 426 the restoring in COX activity would be produced by an increase in intracellular 427 428 S1P induced by the inhibition of S1P lyase by FP [65]; which in turns would bind 429 to prohibitin 2 which regulates complex IV assembly and respiration [66]. We have also found an involvement of the S1P receptor, at least in part, in the 430 normalizing of COX activity and mitochondrial function (see later and Fig 15) 431 agreeing with other authors [67]. Although we cannot exclude an effect of FP 432 through its receptor modulating the phosphorylation of kinases (pAkt/Akt) that 433 would phosphorylate pro-apoptotic factors such as Bad, which would ultimately 434 decrease mitochondrial stress, as has been seen in other models of 435 mitochondrial toxic damage (MPTP/MPP+) [68]. 436

COX is the enzyme at the final respiratory chain complex where over 90% of 437 oxygen is consumed [69]. The oxygen consumption is the major marker of 438 mitochondrial function and cell survival; in this work we have performed 439 440 experiments to assess the effect of FP on oxygen consumption during the incubation with Vitk3 (Fig 7). Incubation of cultures with Vitk3 triggers initially an 441 increase in oxygen consumption, but at longer periods this consumption 442 decreases dramatically (61% after 4 hours). This, along with the decrease found 443 in MPP could indicate that cells are in RCD processes as mentioned before. 444 When the experiments were performed co-incubating Vitk3 in presence of FP, 445 the decrease found in OCR was reduced to only 17%, indicating that at long co-446 incubation periods, FP promotes a functional mitochondrial recovery, according 447 to the morphological changes seen in EM. The oxidative damage induced by 448 Vitk3, can be counteracted by FP as seen by the recovery in the MMP and COX 449 activity mentioned above, pointing to a mitochondrial protective effect promoted 450 by FP found in this work and in others [70,71]. 451

The RCD mechanism activated in the early phase after incubation with Vitk3 (1 452 to 2 hours) could be based in a mitochondrial stimulation, traduced in an 453 increase in mitochondrial respiration (Fig 7), COX activity and MMP (Fig 8a and 454 b), which leads to an increase in mitochondrial ROS production. This process 455 could be similar to that found in initial stages of some neurodegenerative 456 457 diseases such as MS [72]. We could postulate that the RCD modulation 458 produced by FP would focus on the decrease in this mitochondrial stimulation. which in turns would decrease mitochondrial ROS production and diminish RCD 459 processes, probably by interfering in the mPTP formation as commented 460 before. At the confocal microscopy level, in this early phase, the mitochondrial 461 462 distribution studies with MTG (Fig 9) showed an initial change in the network pattern. In control cells, we found normal fusiform structures evenly distributed 463 and found as a filament shape in neuronal body and axons. Cells treated with 464 Vitk3 showed a more disorganized structure of swelled and sphere shaped 465 466 mitochondria, more evident in the neuronal body than in axons. Co-incubation with FP partially recovers shape and localization of mitochondria within 467 axoplasm giving a pattern more similar to that found in control cells. 468

- To counteract the excess in ROS production, the cells have many transcription 469 470 factors involved in the maintenance of mitochondrial homeostasis and structural 471 integrity, being Nrf2 particularly important under conditions of oxidative, electrophilic/inflammatory stress and neurodegeneration [73]; among other 472 actions, promoting the maintenance of glutathione in its reduced state [74]. Nrf2 473 474 regulates the expression of more than 250 genes involved in antioxidant actions [75]. The importance of this factor is based in its effect counterbalancing 475 mitochondrial ROS by regulating antioxidant enzymes, such as GST, NQO1, 476 HO1 and Trx2 and maintaining thiol groups in its reduced state. 477
- In our western blot experiments, incubation of cells with Vitk3 produces a decrease in Nrf2 of 23% compared to control (Fig 10a). When co-incubated in presence of FP, the effect of Vitk3 was reverted, generating an increase in Nrf2 of 11% compared to control. Interestingly, cells incubated with FP in absence of Vitk3 showed an increment in Nrf2 of 38% compared to control. The effect of FP on Nrf2 seems not to be mediated by the S1P receptor; as it is not modified by the co-incubation with the S1P antagonist W123.
- One tentative explanation to these findings would be that Vitk3 induce a 485 486 decrease in Nrf2 levels either by decreasing its synthesis or by increasing its degradation [76,77] (Fig 10 b2). When FP is present in the incubation media, 487 the levels of Nrf2 are maintained with a notable nuclear translocation (Fig 10 488 b3), in an attempt to protect against the oxidative damage by triggering the 489 490 synthesis of protective enzymes. When the cells were incubated with FP in absence of Vitk3, Nrf2 levels are increased, and this would favour the nuclear 491 translocation that we see when Vitk3 is present in the media [78] (Fig 10 b4). 492

The Nrf2 recovery could be related with an improvement in bioenergetics on the 493 neurones mediated by an increase in COX activity regulating MMP and oxygen 494 consumption, agreeing with the results shown in figure 6 and 7 respectively 495 [73]. This effect could be of great importance in neurodegenerative pathologies 496 including MS, where a decrease in Nrf2 levels has been found in grey matter, 497 498 correlated with an increase in oxidative damage and mitochondrial respiratory 499 enzymes [58,79]. Nrf2 also regulates several phase II enzymes, among them GST and NQO1, working as detoxifiers of several toxic substrates produced by 500 ROS and involved in the pathogenesis of different neurodegenerative diseases 501 [80-82]. In our experiments, we have found that the incubation of cells with 502 503 Vitk3 produce a decrease in both, GST and NQO1 activity compared to control. Co-incubation with FP restore the activity to values close to those found in 504 control cells, in the case of NQO1, this recovery goes to values even higher 505 than control (Table 1), agreeing with the Nrf2 western blot experiments, where 506 507 FP is able to increase the levels in absence of Vitk3 to values higher to those found in control cells. Both enzymes are also related with the protective effect of 508 509 other drugs used in the treatment of MS and other neurodegenerative diseases [48,80,83]. 510

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Enzyme assayed	Control	Vitk3	Vitk3+FP	FP
GST (mU/mg protein)	29.4±3.5	20.8±3.3*	25±3 ^{&}	30±3.6
NQO1 (U/mg protein)	0.4±0.05	0.15±0.02*	0.6±0.07 ^{&}	0.6±0.06*

512

Table 1: Activities of enzymes involved in detoxifying toxic substrates produced by ROS. Data were combined from 3 to 4 independent experiments and presented as mean \pm SEM. (*p<0.05 versus control; & p<0.05 versus Vitk3).

516

Nrf2 is also involved in the up regulation of other antioxidant factors, such as 517 HO1 and Trx2. HO1 is a protective molecule generated by neuronal tissue as 518 response to a variety of toxic and traumatic stimuli, such as brain damage and 519 spinal cord injury [84]. In our western blot experiments, we have found a 520 decrease of 27% in HO1 levels compared to control after incubation of the cells 521 with Vitk3, again, co-incubation with FP restores the HO1 values to those found 522 in control cells (Fig 11a). Trx2 is related with neurodegenerative processes [85]; 523 it is a small mitochondrial redox protein that is essential for the control of 524 mitochondrial ROS homeostasis, RCD and cell viability. It is expressed in 525 526 regions whit high energy demand and high rate of production of oxidized 527 metabolites, such as substantia nigra and subthalamic nucleus [86]. In our western blot experiments, incubation of cells with Vitk3 produces a decrease of 528 44% compared to control and again the co-incubation with FP restores Trx2 529

levels close to control (7% less than control) (Fig 11b). The last action mentioned for Nrf2 is related with the maintenance of thiol in its reduced state; in this sense, we have found a decrease in the total thiol groups after incubation with Vitk3, as mentioned above (Fig 3b), that can be partially reverted by coincubation with FP. These effects would be related with the ability of FP to inhibit sphingosine kinase 1 which in turns would increase Nrf2 and phase II related enzymes [87].

Once the mitochondria has been converted in a source of ROS after incubation 537 with Vitk3, we have performed a couple of pilot experiments to see the recovery 538 in function/morphology. In these experiments, cells were incubated during two 539 hours with Vitk3 in presence or absence of FP. After that time, Vitk3 was 540 removed from the media and cells were incubated four additional hours in the 541 following conditions: two groups were incubated with media (Vitk3 and control), 542 and one with FP 50 nM and then, the bioenergetics (OCR) and morphology 543 (MTG and electron microscopy) experiments repeated. Although we are aware 544 that we are far from an MS model, we decided to maintain FP in the media of 545 one group because it has been reported that withdrawal of fingolimod triggers 546 the damage again in RRMS patients [88,89]. 547

In the OCR experiments, cells treated with Vitk3 and incubated four additional hours in media, maintain the increment in levels of oxygen consumption, about 20% compared to control; whereas in cells co-incubated with FP, the oxygen consumption values returns to levels similar to control cells (Fig 12). Interestingly, in these experiments FP was able to restore the values to control levels, whereas in the previous OCR experiments (Fig 7) the recovery was less evident (20% less than control).

Regarding morphology, at the electron microscopy level, ultrastructural 555 556 alterations become less pronounced than those seen in 4 hours of incubation. 557 When VitK3 and FP are combined, the cells show intermediate characteristic, the majority of nuclei shows at least one nucleolus. Cells displayed a shortened 558 of the Golgi stacks and tubulo-vesiculated clusters. The number and 559 560 morphology of mitochondria/cell is similar to control, however some mitochondria demonstrate a variable morphology appearing with both intact and 561 disrupted cristae and some swelling (Fig 13). 562

563 In MTG experiments, cells incubated with Vitk3 produce swollen mitochondria, as they keep being a source of ROS inducing self-damage, whereas co-564 incubation with FP reverts partially the changes promoted by Vitk3; 565 mitochondria are less swollen and closer to the axons in these cells (Fig 14); 566 furthermore, they recover almost totally their function as seen in the OCR 567 experiments. Although our model is based in a mitochondrial oxidative damage, 568 569 the effect of FP on mitochondria found in this work, could be related with the clinical findings on relapse after withdrawal of fingolimod in MS patients [88,89]. 570 Mitochondrial mobility can be regarded as an index of health, as malfunction 571 can affect it. As mentioned above, healthy mitochondria are evenly distributed in 572

soma and axons, especially in areas where energy is required (pre and 573 postsynaptic), and along the axon, where they serve to transmit the action 574 potential and as calcium regulator [58]. Unhealthy mitochondria, as a result of 575 residual damage induced by Vitk3, remain closer to the nucleus; furthermore, 576 damaged mitochondria are transported back, close to the cell body. The 577 changes in mitochondrial pattern distribution in neuronal compartments could 578 be regarded as a target for treatment and improvement of neuronal function in 579 patients with neurodegenerative diseases such as MS [90]. 580

In order to see the involvement of the S1P receptors in the FP effects shown above, we have performed the same experiments in presence of the S1P antagonist W123.

We have found that S1P receptors are involved in the majority of the 584 mitochondrial protective effects of FP. It reverts at least partially the RCD (Fig. 585 1c and 15b) processes triggered by the increase of ROS induced by Vitk3 (Fig 586 15a) and consume of antioxidant reserve (TTL) (Fig 15c). The FP effects on 587 MMP and COX activity and OCR (Fig 15 d, e and f respectively) seems to be 588 mediated also by S1P receptors, as can be totally abolished by co-incubation in 589 presence of the S1P antagonist W123; also found by others in neuronal and 590 non-neuronal cells [67,91]. FP would also interact as S1P mimetic with 591 mitochondria prohibitin 2 which regulates complex IV assembly and respiration 592 [66]; this effect is also mediated by S1P receptors as can be abolished by co-593 incubation with W123 [91]. Regarding neuronal mitochondrial distribution, we 594 have found similar results; FP treatment restores the anomalous distribution of 595 596 mitochondria promoted by Vitk3 to a more normalized pattern with mitochondria more evenly distributed in axons and body. All the above mentioned, points to 597 an essential role played by the S1P receptor in the maintenance of 598 mitochondrial homeostasis. 599

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601 **Conclusions**

From our work, we can conclude that FP has a protective effect on the oxidative 602 603 imbalance produced by mitochondrial ROS toxicity. According to this mechanism, FP would exert its actions not only in the early phase of the 604 damage but also in more advanced stages, where mitochondria are damaged 605 and dysfunctional, and this action would be added to the effect as an 606 immunomodulator demonstrated by other authors. FP seems to increase 607 mitochondrial stability and restore mitochondrial dynamics under conditions of 608 oxidative stress, making this drug, apart from the therapeutic efficacy already 609 demonstrated in MS, a potential candidate for the treatment of other 610 neurodegenerative diseases. 611

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627 Author contributions

J. Pavía, O. Fernández, M. García-Fernandez and E. Martín-Montañez 628 designed and supervised the study. M. García-Fernandez and E. Martín-629 Montañez optimized the oxygen consumption experiments. J. Pavía and E-630 Martín-Montañez performed the western blot experiments. F. Boraldi performed 631 the electron microcopy experiments. N. Valverde, E. Lara, B. Oliver, and I. 632 Hurtado-Gerrero performed experiments. M. García-Fernandez, J. Pavía, O. 633 Fernandez and E. Martín-Montañez wrote the paper with contribution from all 634 authors. 635

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637 Competing interest

Oscar Fernandez received honoraria as consultant in advisory boards, and as
chairmen or lecturer in meetings, and has also participated in clinical trials and
other research projects promoted by Bayer, Biogen-Idec, Merck-Serono, Teva,
Novartis, Actelion, Allergan, Almirall, Sanofi-Genzyme and Roche. E. MartínMontañez received honoraria as consultant in advisory boards by Novartis. The
remaining authors declare no competing interests.

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645 **Bibliography**

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Figures and captions



Figure 1. Cell death and mitochondrial ROS production in SN4741 neuronal cells after four hours of incubation with 15 μ M Vitk3 in presence or absence of 50 nM FP. Panel a shows the effect on cellular viability of Vitk3 alone and co-incubated with different concentration of FP (A: 0.1 nM; B: 10 nM; C: 50nM; D: 100 nM). Data were combined from 3 to 5 independent experiments and presented as mean ± SEM. * p<0.05 compared to control cells, & p<0.05 compared with Vitk3 incubated cells. Panel b shows the mitochondrial ROS production displayed by MitoSOX staining (Black line: Control; Red line: Vitk3; Blue line: Vitk3+FP). Panel c shows Giemsa staining of different situations (c1: control cells; c2: Vitk3 treated cells; c3: Vitk3 in presence of 50 nM FP and c4: Vitk3 in presence of 50 nM FP and 10 μ M W123).



Figure 2. Ultrastructural appearances of SN4741 dopaminergic cells untreated (CO), treated with 15 μ M of VitK3 (Vitk3) or VitK3 in presence of 50 nM FP (Vitk3+FP) for 4 hours.



Figure 3. REDOX balance after four hours of incubation with 15 μ M Vitk3 in presence or absence of 50 nM FP. Panel a shows the levels of advanced oxidation protein products and panel b shows the level of total thiols after different treatment conditions. The data represent mean ± SEM from 3 to 4 independent experiments (*p<0.05 versus control; & p<0.05 versus Vitk3).





Figure 4. Caspase 3 activation induced by four hour of incubation with 15 μM Vitk3 in presence or absence of 50 nM FP. Representative images (20X) of NucView® 488 staining (a: Control; b: Vitk3; c: Vitk3+FP; d: Quantification of fluorescence intensity). Data were combined from 3 to 5 independent experiments and presented as mean ± SEM. * p<0.05 compared to control cells, & p<0.05 compared with Vitk3 incubated cells.



Figure 5: Confocal images of mitochondrial staining in neuronal cells with MitoTracker[™] Green FM. Representative images after four hours of incubation with different substances (a: Control; b: Vitk3 15 µM; c: Vitk3 + 50nM FP; d: 50 nM FP).



Figure 6: Cytofluorometric analysis of the MMP and COX activity after four hours of incubation with 15 μ M Vitk3 in presence or absence of 50 nM FP. Panel a represents the fluorescence ratio of potential sensitive probe JC1. Panel b shows COX activity. Data were combined from 3 to 4 independent experiments and presented as mean ± SEM. (*p<0.05 versus control; & p<0.05 versus Vitk3).



Figure 7. Time course of the effect of FP 50 nM on oxygen consumption rate after incubation with 15 μ M VitK3 in presence or absence of FP. (Black line: Control; Red line: Vitk3; Blue line: Vitk3+FP; Purple line: FP).



Figure 8: MMP and COX activity in neuronal cells incubated two hours with 15 μ M Vitk3 in absence or presence of 50 nM FP. Panel a represents fluorescence ratio of JC1 staining and panel b COX activity. Data were combined from 3 to 5 independent experiments and presented as mean ± SEM (* p<0.05 versus control; & p<0.05 versus Vitk3).



Bright field

Fluorescence

Merge

Figure 9. Confocal images of mitochondrial staining in neuronal cells with MitoTracker™ Green FM. Representative images after two hours of incubation with different substances (a: Control; b: Vitk3 15µM; c: Vitk3+50 nM FP).









b3





Figure 10. Nrf2 expression after four hours of incubation with 15 μ M Vitk3 in absence and presence of 50 nM FP. a: Representative Western blot and quantification after normalising with β -actin; data were combined from 3 to 4 independent experiments and presented as mean ± SEM. (* p<0.05 versus control0; & p<0.05 versus Vitk3). b: immunocytochemistry (b1: control cells; b2: Vitk3 treated cells; b3: Vitk3 in presence of 50 nM FP and b4: 50 nM FP).







Figure 12: Time course of the effect of 50 nM FP on oxygen consume rate after two hours of incubation with 5 μ M Vitk3 in presence or absence of FP. After two hours of incubation Vitk3 was removed from the media and cells were incubated for four additional hours in the following conditions: two groups were incubated with media (Vitk3 and control) and one with FP 50nM (Black line: Control; Red line: Vitk3; Blue line: Vitk3+FP).



Figure 13. Ultrastructural appearances of SN4741 dopaminergic cells untreated (CO), treated with 5 μ M of VitK3 (Vitk3) or VitK3 in presence of 50 nM FP (Vitk3+FP) for 2 hours. After two hours of incubation, Vitk3 was removed from the media and cells were incubated for two additional hours in the following conditions: two groups were incubated with media (Vitk3 and control) and one with FP 50nM.

CEP CEP



Figure 14. Confocal representative images of mitochondrial staining of neuronal cells with MitoTrackerTM Green FM. After two hours of incubation with 5 μ M Vitk3 in presence or absence of 50 nM FP, substances were removed from the media and cells were incubated for two additional hours in the following conditions: two groups were incubated with media (Vitk3 and control) and one with FP 50nM (a: Control; b: Vitk3 15 μ M; c: Vitk3+50 nM FP).



Figure 15. Effect of 10 μ M of the S1P antagonist W123 on different parameters of mitochondrial oxidative damage induced by 15 μ M Vitk3 in presence or absence of 50 nM FP (a: representative histograms of mitochondrial ROS production (red: Vitk3; blue: Vitk3+FP; green: Vitk3+FP+W123); b: Caspase 3 activation; c: total thiol levels; d: MMP; e: COX activity and f: OCR). Data were combined from 4 to 5 independent experiments and presented as mean \pm SEM. (& p<0.05 versus Vitk3, # p<0.05 versus Vitk3+FP).

Highlights

First evidence of fingolimod phosphate protection against oxidative damage in neurons.

Fingolimod phosphate recovers mitochondrial function in neuronal cells after oxidative damage.

Fingolimod phosphate restores mitochondrial distribution in neurons after oxidative damage.

S1P receptors are involved in the recovery of neuronal mitochondrial function after oxidative damage.