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## Guidelines

# European consensus-based interdisciplinary guideline for melanoma. Part 2: Treatment – Update 2019



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## KEYWORDS

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Metastasectomy;  
Systemic treatment

**Abstract** A unique collaboration of multidisciplinary experts from the European Dermatology Forum, the European Association of Dermato-Oncology and the European Organization for Research and Treatment of Cancer (EORTC) was formed to make recommendations on cutaneous melanoma diagnosis and treatment, based on systematic literature reviews and the experts' experience. Cutaneous melanomas are excised with 1- to 2-cm safety margins. Sentinel lymph node dissection shall be performed as a staging procedure in patients with tumour thickness  $\geq 1.0$  mm or  $\geq 0.8$  mm with additional histological risk factors, although there is as yet no clear survival benefit for this approach. Therapeutic decisions in stage III/IV patients should be primarily made by an interdisciplinary oncology team ("Tumor Board"). Adjuvant therapies in stage III/IV patients are primarily anti-PD-1, independent of mutational status, or dabrafenib plus trametinib for BRAF-mutant patients. In distant metastasis, either resected or not, systemic treatment is indicated. For first-line treatment, particularly in BRAF wild-type patients, immunotherapy with PD-1 antibodies alone or in combination with CTLA-4 antibodies shall be considered. In particular scenarios for patients with stage IV melanoma and a BRAF-V600 E/K mutation, first-line therapy with BRAF/MEK inhibitors can be offered as an alternative to immunotherapy. In patients with primary resistance to immunotherapy and harbouring a BRAF-V600 E/K mutation, this therapy shall be offered in second-line. Systemic therapy in stage III/IV melanoma is a rapidly changing landscape, and it is likely that these recommendations may change in the near future.

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## 1. Information about the guideline

The European Interdisciplinary Guideline on melanoma was written as a uniform text and then published in two separate but integral parts, Part 1 on diagnosis and Part 2 on treatment. Information about the guideline is detailed in Garbe *et al* [1]. Part 1 includes the information about societies in charge, financing of the guideline, scope, target population, objectives, methodology, audience, and period of validity. The levels of evidence were graded as per the Oxford classification (detailed in Garbe *et al*. Part 1). Recommendations were based on the level of best quality available evidence. The strength of the recommendations was classified as follows: (A) strong recommendation. Syntax: 'shall' Based on good-quality evidence; (B) recommendation. Syntax: 'should' Based on inconsistent or limited quality evidence; (C) recommendation pending. Syntax: 'may/can'.

## 2. Disclaimer

Medicine is subject to a continuous development process. Therefore, all statements, in particular on diagnostic and therapeutic procedures, can only correspond to the scientific knowledge current at the time of printing of this guideline. The attending physician invoking these guideline recommendations must take into account scientific progress since the publication of the guideline. In the selection and dosage of the drugs, attention was paid to compliance with the therapeutic recommendations given. Nevertheless, users are requested to use package inserts and technical information from the manufacturers as a backup and, in case of doubt, to consult a specialist. The user remains responsible for all diagnostic and therapeutic applications, drugs and doses.

### 3. Scope

This guideline has been written to assist clinicians in treating patients with invasive cutaneous and metastatic melanoma. This publication was conceptualized mainly because of advances in the medical treatment of patients with cutaneous melanoma, which justify a newer multidisciplinary therapeutic strategy. The use of these guidelines in clinical routine should improve patients' care.

### 4. Surgical therapy

#### 4.1. General principles

The primary treatment of melanoma is surgical excision [2–4]. An excisional biopsy with a minimum clinical margin (1–3 mm) is preferred, both to give the dermatopathologist/pathologist an optimal specimen and to allow evaluation of the excision margins for residual tumour. Incisional biopsies should not be performed when an excisional biopsy is technically possible. Such procedures may result in diagnostic error because of sampling and may compromise the analysis of architectural features or the estimation of Breslow thickness. On occasion, they are necessary to confirm the diagnosis, such as when dealing with a large lentigo maligna on the face, or with acral melanoma. Large studies have shown no evidence that incisional biopsies worsen prognosis as compared with immediate complete excisional biopsy [5,6].

#### Recommendation 10 (numbers continued from Part 1)

Primary excision	Consensus-based recommendation
GCP	When melanoma is suspected, the whole lesion should be completely excised with a narrow (1–3 mm) margin to perform histological diagnosis. Incisional biopsies can be performed on large lesions such as lesions on the face (e.g. lentigo maligna), acral lesions and on the genitalia. Consensus rate: 100%

#### Recommendation 11

Avoidance of non-surgical treatments	Consensus-based recommendation
GCP	If melanoma cannot be excluded, blind destructive treatments such as laser, cryotherapy, or topical drugs shall not be performed. Consensus rate: 100%

#### 4.2. Primary melanoma

Excision of safety margins remains a standard of care in patients with melanoma. The current recommendations

are based on both prospective, randomised studies and international consensus conferences [2,7–11]. A randomised, open-label multicenter clinical trial comparing 1 cm vs 3 cm margins in patients with primary cutaneous melanoma on the trunk and limbs suggested that a 1-cm excision margin is inadequate for cutaneous melanoma with Breslow thickness greater than 2 mm [12]. A recent meta-analysis also found out that there is a statistically significant worse melanoma-specific survival with narrow margins (1–3 cm) than with wider margins (3–5 cm) with no treatment effect on recurrence-free survival [13]. However, with regard to melanoma-specific survival, only 4 trials were eligible, and the hazard ratio (HR) in favour of wider margins was largely affected by the positive trial of Hayes *et al.* [12] (3 cm versus 1 cm), whereas another study comparing 4 cm versus 2 cm did not show any statistical difference in thicker melanomas [14].

Even though a slight variation is observed among guidelines, margins wider than 2 cm are not recommended even in cases of thick primary tumours. The recommendations in the following section are in concordance with the American, UK and Australian recommendations. In invasive melanomas, the depth of excision should include the subcutaneous tissue. The definitive surgical excision should be performed preferentially within 4–6 weeks of initial diagnosis.

#### Recommendation 12

Safety margins for secondary excision (re-excision)	Evidence-based recommendation
GCP	In the case of primary melanoma, a subsequent excision should be performed to minimise the risk of local recurrences. The following safety peripheral surgical margins* should be considered: <i>in situ</i> —0.5 cm < 2 mm tumour thickness: 1 cm and >2 mm tumour thickness: 2 cm Larger excisions are not recommended. Guideline adaptation [15,16] Consensus rate: 100%

\*Margins are to be measured clinically and not pathologically.

#### Recommendation 13

Safety margins for secondary excision (re-excision) in special anatomic locations	Evidence-based recommendation
GCP	Narrower margins for re-excision may be exceptionally considered for special anatomic locations to preserve function and to allow reconstruction, particularly in facial, acral and genital lesions. Guideline adaptation [15,16] Consensus rate: 90%

#### 4.3. Lentigo maligna

Lentigo maligna is a slowly growing melanoma in situ, which occurs typically in UV-exposed areas like the face [17]. A recent Cochrane review about interventions in melanoma in situ failed to find randomised clinical trials of surgical interventions aiming to optimise margin control (square method, perimeter technique, ‘slow Mohs’, staged radial sections, staged ‘mapped’ excisions, or Mohs micrographic surgery), which are the most widely used interventions recommended as first-line therapy [18]. A retrospective study including patients with lentigo maligna melanoma treated through staged surgery with immunohistopathological control of lateral margins showed a higher clearance and a lower recurrence rate than wide excisions [19]. A single-center retrospective study compared conventional surgical excision and ‘slow Mohs surgery’ for patients with lentigo maligna melanoma. This study concluded that surgical margins of 0.5 cm are inadequate for the treatment of a considerable number of lesions on the head, particularly if these are recurrent. ‘Slow Mohs’ using routinely stained paraffin-embedded sections was shown to be the treatment of choice in such cases, particularly for recurrent lesions or lesions with poorly defined borders or possible subclinical extension [20]. Because of unpredictable subclinical extension of the adjacent intraepidermal component, the management of lentigo maligna melanoma may range from a 5-mm margin to wider margins (up to 10 mm). For larger lentigo maligna and lentigo maligna melanoma, microscopically controlled surgery is a recommended option [20].

As for non-surgical interventions, high-quality evidence does not support the use of imiquimod as a single therapy in non-selected cases [18]. However, several retrospective analyses and phase II trials support a role for topical imiquimod as a potential alternative to surgery in selected cases not eligible for surgery or radiotherapy (RT) [21], as well as for incompletely excised tumours or as an adjuvant option for those treated through narrow margins [22]. The complete response rate to imiquimod treatment is in the range of 75%–88% [23–25]. Pre-treatment mapping biopsies, or likewise in-vivo reflectance confocal microscopy can be used to assess the extent of the lesion [26].

#### 4.4. Acral and mucosal melanomas

Lentiginous acral and mucosal melanomas are often poorly defined and multifocal with discrepancies between the clinically visible and histopathologic margins, and therefore local recurrences are more frequent.

Therefore, removal is usually attempted with increased safety margins (at least 1 cm) or by narrow margins

#### Recommendation 14

Microscopically controlled surgery	Consensus-based recommendation
GCP	In some melanoma subtypes, such as lentigo maligna melanoma, genital and acral melanomas, microscopically controlled surgery can be used to spare tissue and to ensure complete resection. Consensus rate: 100%

with micrographic control (e.g. Mohs’ technique and variants) [27–29]. The micrographic technique is intended to conserve tissue especially on the hands and feet.

#### 4.5. Sentinel lymph node biopsy

The sentinel lymph node biopsy (SLNB) was introduced to allow the evaluation of the first draining lymph node(s) in the regional lymphatic system, avoiding the surgical morbidity from unnecessary elective lymph node dissections [30]. SLNB is a staging procedure, appropriate for patients in whom neither palpation nor lymph node sonography has suggested the presence of lymph node metastases. SLNB provides information about survival outcomes of patients with melanoma. As all the adjuvant trials have selected the patients on the basis of positivity of SLNB, the SLNB status is required for the new adjuvant options. As for the impact of SLNB on patients’ survival, multicenter studies have shown that despite a slight increase in recurrence-free survival in patients undergoing SLNB, it has failed to show any impact on overall survival (OS) [31,32,33].

Despite this weak background in melanoma  $\geq 1$  mm thickness, recent guideline updates recommend SLNB as a standard procedure to be offered also to patients with primary melanoma with Breslow thickness  $\geq 1.0$  mm or  $\geq 0.8$  mm with additional risk factors (ulceration,  $\geq 1$  mitosis/mm<sup>2</sup>, microsatellites, etc.) [34,35].

#### Recommendation 15

Sentinel lymph node biopsy	Evidence-based recommendation
Level of recommendation A	For a correct stage classification and treatment decision, a sentinel lymph node biopsy shall be performed in patients with tumour thickness $\geq 1.0$ mm or $\geq 0.8$ mm with additional histological risk factors.
Level of evidence: 1a	De novo literature research [36,37] Consensus rate: 100%

#### 4.6. Procedure in patients with negative SLN

No further lymph node surgery is required.

#### 4.7. Procedure in patients with micrometastases in SLN

Complete removal of the regional basin has been routinely offered to patients having micrometastasis of the sentinel lymph node. The results of the recently published DeCOG (German Dermatologic Cooperative Oncology Group) and MSLT-II (Multicenter Selective Lymphadenectomy Trial) clinical trials constrain the revision of the role of lymphadenectomy in patients with sentinel lymph node metastasis. In patients with microscopic sentinel lymph node metastases, both studies failed to show a survival difference between completion lymph node dissection (CLND) and observation. In the DeCOG study, 68% of patients in the observation arm and 65% in the CLND arm were free of distant metastases after 5 years of follow-up [38,39]. In the MSLT-II, 86% of the patients in both study groups (CLND or observation) were alive after 3 years [33]. Moreover, in the MSLT-II, the percentage of patients with non-sentinel node metastases was 20% at 5 years. Consequently, 80% of the CLND performed might have been avoided [33].

In view of these findings, the decision-making in patients with metastasis of the sentinel lymph node should start with an exhaustive assessment of clinical criteria and sentinel lymph node pathology findings. In those patients without high-risk criteria (extracapsular extension, >3 metastatic lymph nodes, lymph vascular invasion, microsatellitosis and immunosuppression) and with a sentinel lymph node tumour burden of less than 1 mm, current evidence supports abandoning CLND [34]. These patients should be enrolled in intensive follow-up programs based on regional ultrasound. Patients with high-risk criteria mentioned previously were underrepresented in

#### Recommendation 16

Management of micrometastasis	Evidence-based recommendation
Level of recommendation A	In patients with sentinel lymph node micrometastasis, complete lymphadenectomy shall no longer be performed. There is an indication for adjuvant systemic therapy and stage-specific follow-up. De novo literature research [33,38,39] Consensus rate: 100%
Level of evidence: 1a	

clinical trials. Nevertheless, survival benefits are expected neither in this subgroup.

#### 4.8. Clinically-identified lymph node metastases

If lymph node metastases are diagnosed clinically or by imaging techniques (including ultrasound), complete lymph node dissection is considered standard therapy [34,40].

#### Recommendation 17

Lymphadenectomy in regional lymph node metastases	Consensus-based recommendation
GCP	If regional lymph node metastases have been detected clinically or by imaging, complete lymphadenectomy shall be performed. Consensus rate: 100%

#### 4.9. Skin metastases

Depending on the number, size and location different options include surgery or other destructive therapies such as cryotherapy, laser therapy electro-chemotherapy, but also systemic therapies with targeted therapy (TT) or immunotherapy (IT), intralesional/topical immunotherapy such as talimogene laherparepvec [41], IL-2, or imiquimod, and RT. Isolated limb perfusion with melphalan ± tumour necrosis factor is an invasive technique with only palliative value [42,43].

#### 4.10. Distant metastases

If technically feasible and reasonable (oligo metastatic disease), then complete operative removal of distant metastases should be still seen as an interesting option for patients with tumour markers lactate dehydrogenase (LDH) and protein S100B in the normal range, although it is particularly true that this population is also one of the best respondents to systemic therapies [44]. Many studies show that excision of solitary or few metastases can be associated with a favourable outcome for stage IV patients [45–48]. The possibility of neoadjuvant therapy followed by surgical excision of metastatic lesions can be considered [49]. In case of brain metastases, stereotactic radiation therapy and surgery are considered equally effective for the local control of brain metastases, but stereotactic surgery is non-invasive, applicable to several brain metastases and easily repeatable.

The value of debulking procedures must be viewed critically, as there is no evidence that they improve survival. In some circumstances, there is a value for

palliation, particularly in combination with post-operative RT for local disease control.

#### Recommendation 18

Surgical treatment of distant metastases	Evidence-based recommendation
Level of recommendation C	In case of oligometastatic disease and if complete resection is feasible, a complete metastasectomy can be considered. Metastasectomy can also be considered as a palliative procedure. Guideline adaptation [15,16] Consensus rate: 100%
GCP	

## 5. Radiotherapy

### 5.1. Primary melanoma

Radiotherapy (RT) of the primary tumour is rarely indicated. However, in patients where the surgical procedure will lead to severe disfigurement, RT can be applied with curative intent. This is often the case for lentigo malignant melanoma [50].

### 5.2. Regional lymph nodes

There is no established role for adjuvant RT of draining lymph nodes after excision of the primary melanoma. Adjuvant RT after lymphadenectomy has been evaluated in a randomised clinical trial [51], proving the efficacy of RT in terms of increased locoregional control but with no impact on survival. Furthermore, the increased locoregional control, was accompanied by significant toxicity, with 22% of the patients on RT, developing grade III–IV toxicity [52].

### 5.3. Oligometastatic disease

In patients with oligometastatic disease, RT represents a treatment alternative to surgery in cases where surgical access is associated with high risk of significant surgical complications.

### 5.4. Skin metastases

In-transit metastases, which are too extensive for a surgical approach, may be controlled by RT alone [53].

### 5.5. Bone metastases

RT is effective to palliate patients with bone metastases. The response rate (complete response + partial response) is 67–85% [54–57]. The major indications are pain, loss of structural stability (fracture risk) and compression of the spinal canal with or without neurological symptoms.

## 5.6. Brain metastases

Melanoma has a marked propensity to metastasize to the brain. Systemic treatment strategies for brain metastases with high response rates combined with a short time to response using combination immunotherapy [58,59] or targeted therapies (BRAF-mutated melanomas) [60] must lead to renewed considerations on how to plan the optimal treatment of patients with melanoma with brain metastases.

Preclinical evidence has suggested a positive effect of the combination of immunotherapy and RT, and a number of clinical trials are currently in progress evaluating the possible additive effect of this combination [61,62] or with BRAF + MEK inhibitors in BRAF-mutated melanomas. Recent publications support the concomitant use of immunotherapy and stereotactic radiosurgery (SRS) [63,64].

Whole brain RT (WBRT) may cause serious long-term cognitive toxicity and therefore increased focus on SRS has emerged [65]. Clinical trials have increased local control in patients with 1–10 brain metastases by using adjuvant SRS after surgery [66]. Therefore, WBRT should be restricted to few patients without other systemic and local options.

## 6. Adjuvant therapy

### 6.1. General principles

Adjuvant therapy is offered to patients without evidence of macroscopic metastases but at high risk of having microscopic metastases. In published trials, adjuvant therapy is predominantly used in patients with tumours thicker than 1.5 mm, or by American Joint Committee on Cancer (AJCC) staging criteria, in patients with completely resected stage II–IV melanoma. With the effective recently approved drugs in advanced melanoma [67], we have witnessed within a time span of only 4 years (2015–2018), the results of 4 randomised controlled trials, demonstrating a significant and clinically meaningful impact of adjuvant immunotherapy or targeted therapy on relapse-free survival (RFS). Prolonged RFS has been reported for adjuvant therapy with ipilimumab [68], nivolumab [69], pembrolizumab [70] and for therapy with dabrafenib and trametinib in patients with BRAF-mutated melanoma [71]. Data demonstrating a significant impact on OS have been reported for ipilimumab [72] and for dabrafenib and trametinib.

### 6.2. Adjuvant immunotherapy with interferon- $\alpha$

Interferon- $\alpha$  was the first substance in the adjuvant therapy of melanoma to have shown a significant improvement of disease-free survival and in some prospective randomised trials, also an impact on OS, albeit

with significant toxicity [73–85]. Based on the superior data for adjuvant therapy with PD-1 and BRAF/MEK inhibitors in stage III melanoma (refer in the following section) interferon- $\alpha$  should not be used any more as a first-line option for adjuvant therapy in this patient group.

### 6.3. Adjuvant immunotherapy with CTLA-4 or PD-1 antibodies

Based on its successful use in unresectable metastatic melanoma, checkpoint inhibitor-based immunotherapy was also tested in the adjuvant treatment of completely resected locoregional or distant metastatic patients. The following adjuvant immunotherapy trials were conducted ([Table 1](#))

#### 6.3.1. Ipilimumab

The European Organization of Research and Treatment of Cancer (EORTC) 18071/Checkmate 029 [68] compared the CTLA-4 blocking antibody ipilimumab 10 mg/kg given every 3 weeks for the first 12 weeks followed by an infusion every 12 weeks for up to 3 years versus placebo in patients with stage IIIA(>1 mm)/B/C (AJCC 7th edition) [86]. Adjuvant ipilimumab had a modest but significant impact on RFS, with an HR of 0.75, and RFS rates at 12 and 18 months that are 9% and 8% better for ipilimumab [68]. At 5 years, RFS rates were 11% better for RFS as well as for OS [72]. Adjuvant therapy with ipilimumab is however only approved by the US-Food and Drug Administration (FDA), and not by European Medicines Agency (EMA).

#### 6.3.2. Nivolumab

Based on the results of EORTC, 18071 adjuvant 1 year of nivolumab 3 mg/kg every 2 weeks was compared with ipilimumab 10 mg/kg in Checkmate 238 [69] in patients with completely resected stage IIIB/C-IV (AJCC 7th edition) [86]. Nivolumab was superior to ipilimumab

with an HR of 0.65 and RFS rates at 12 and 18 months of 10% and 11%, respectively, better than for Ipilimumab [69]. The curves are a bit lower than in the other trials because the trial population stage IIIB/C-IV has poorer prognosis than the population studied in the other 3 trials (stage IIIA >1 mm/B/C). Furthermore, this is the only trial with an active comparator arm, which also has to be taken into account if comparing between the different trials.

#### 6.3.3. Pembrolizumab

Pembrolizumab 200 mg every 3 weeks for 1 year was tested against placebo in EORTC1325/Keynote 054 [70] in patients with stage IIIA (>1 mm)/B/C (AJCC 7th edition) [86]. RFS was significantly improved with an HR of 0.57 and an RFS rate difference at 12 and 18 months of 14 and 18%, respectively [70].

#### 6.3.4. Consistency across trials

In the EORTC 18071/Checkmate 029 [68] trial of ipilimumab versus placebo for resected, high-risk stage III melanoma, the 1-year RFS rate for ipilimumab was, despite the difference in the patient populations, comparable with the rate observed in the ipilimumab arm of Checkmate 238. Therefore, comparisons were made between the nivolumab arm of Checkmate 238 and the placebo arm of EORTC 18071/Checkmate 029 showing a reduction of RFS with a hypothetical HR of slightly below 0.50, thereby indicating a similar efficacy of both PD-1 antibodies. Further credence to the great consistency of the data of these trials is that in the overlapping stage IIIB/C patient populations, the 18-month RFS rates were virtually identical: 72.2% and 72.3% for the pembrolizumab group (EORTC1325/Keynote 054 [70]) and the nivolumab group (Checkmate 238 [69]), respectively.

**6.3.4.1. Treatment-related adverse events.** Adjuvant ipilimumab 10 mg/kg was clearly associated with the highest rate of treatment-related AEs. Immune-related adverse

Table 1

Key parameters of adjuvant trials with immune checkpoint inhibitors or BRAF/MEK inhibitors.

Trial	Treatment arm	Comparator arm	Patient population <sup>a</sup>	HR for RFS/DFS	HR for OS	Grade III–IV AEs in % <sup>b</sup>	Reference
EORTC 18071 Checkmate 029	Ipilimumab 10 mg/kg	Placebo	IIIA(>1 mm)/B/C	0.76	0.72	54	[68,72]
Checkmate 238	Nivolumab 3 mg/kg	Ipilimumab 10 mg/kg	IIIB/C-IV	0.65	NA	25.4	[69]
EORTC 1325 Keynote 054	Pembrolizumab 200 mg	Placebo	IIIA(>1 mm)/B/C	0.57	NA	31.6	[70]
BRIM 8 Combi-AD	Vemurafenib 960 mg BID Dabrafenib 150 mg BID & Trametinib 2 mg OD	Placebo	IIC, IIIA/B/C IIIA(>1 mm)/B/C	0.54 <sup>c</sup> 0.49	NA 0.57	57 41	[87] [71,88]

DFS = disease-free survival; OS = overall survival; EORTC, European Organization of Research and Treatment of Cancer; HR = hazard ratio; AEs = adverse events.

<sup>a</sup> Patients after complete resection of metastases, all trials used AJCC 7th edition.

<sup>b</sup> Any AEs regardless of treatment relation.

<sup>c</sup> Result not statistically significant.

events (irAEs) occurred in 94% of the patients, with 5 patients who died. In sharp contrast, both the nivolumab and the pembrolizumab trial demonstrated very similar and favourable side-effect profiles with treatment-related grade III–IV. AEs in about 14% of patients and AEs that led to treatment discontinuation are in about 10–14%. In the pembrolizumab trial, however, there was one treatment-related death (myositis), in the nivolumab trial zero. Relatively frequent was grade I–II thyroid-endocrinopathy (20%) that was easy to treat. Although irAEs grade III–IV events were rare in anti-P-1 trials, permanent complications with impact on the survival-like diabetes (1%) are critical in the adjuvant setting.

#### 6.4. Adjuvant-targeted therapy with BRAF/MEK inhibitors

Two large-sized, prospectively randomised trials on either of the BRAF inhibitor vemurafenib alone ('BRIM8') or the combination of the BRAF inhibitor dabrafenib and the MEK inhibitor trametinib ('COMBI-AD') have been performed in patients with completely resected BRAF V600–mutated locoregionally metastatic melanoma (Table 1).

##### 6.4.1. Vemurafenib

BRIM8 [87] was a trial designed before combined treatment with BRAF and MEK inhibitors became the standard of care for BRAF-mutated melanoma. It compared 1 year of treatment with vemurafenib 960 mg BID vs. placebo in patients with completely resected BRAF V600–mutated melanoma in stages IIC, IIIA/B (cohort I) and IIIC (cohort II, all AJCC 7th edition) [86]. No significant benefit was noted for disease-free survival (DFS) in stage IIIC, and DFS was improved only numerically in patients with stage IIC–IIIB disease in cohort 1 with an HR of 0.54 and 12 and 24 DFS rate differences of 18 and 15%, respectively. Results in cohort 1 were not statistically significant, and the study did therefore not reach its primary end-point.

Grade III–IV AEs were observed in 57% of patients with 20% of patients in the vemurafenib arm discontinuing therapy because of AEs, notably keratoacanthomas/cutaneous squamous cell carcinomas, a well-known side-effect of BRAF inhibitor monotherapy.

##### 6.4.2. Dabrafenib plus trametinib

The Combi-AD trial [71] compared 1 year of the combination of 150 mg dabrafenib BID with 2 mg trametinib OD (D + T) against a matched placebo in patients with stage IIIA(>1 mm)/B/C melanoma with a BRAF-V600 E/K mutation. It demonstrated a highly significant benefit in RFS with an HR of 0.47 and 12-month and 18-month RFS rate differences of 32% and 31%, respectively. A cure rate model analysis was performed at a median follow-up of 44 months in the D + T and 42

months in the placebo arm, suggesting a difference of 17% in patients never relapsing for D + T over placebo [88]. An assessment of OS differences at a median follow-up of 2.8 years did demonstrate an improvement in OS for D + T with an HR of 0.54 and a 13% difference in OS rates at 3 years.

The oral drug combination of D + T in the Combi-AD trial was associated with more AEs than the anti-PD-1 trials but less than the ipilimumab trial. The D + T combination was associated with pyrexia grade I–II in 97% with chills in 37%, and grade III–IV pyrexia in 5%. Grade III–IV events occurred in 41% of the patients, i.e. hypertension (6%), fatigue (4%) and hepatitis (4%). Drug related AEs lead to drug discontinuation in 26% of patients.

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Level of recommendation	Adjuvant therapy in stage III/IV	Evidence-based recommendation
Level of recommendation A	Adjuvant therapy (anti-PD-1 or targeted therapy) shall be offered to all patients in stages IIIA – IIID and fully resected stage IV. Adjuvant anti-PD-1 therapy can be offered to patients in stages IIIA – IIID and fully resected stage IV irrespective of the mutational status. Adjuvant BRAF/MEK inhibitor therapy can be offered to patients with BRAFV600 E/K mutation in stages IIIA – IIID. For stage IIIA with nodal metastasis of less than 1 mm in diameter, the risk/benefit ratio should be carefully discussed with the patient.	
Level of evidence: 1b		De novo literature research [69–71] Consensus rate: 100%

#### 6.5. The new adjuvant landscape and future development

In the moment, the HRs for RFS are in a similar range within the 3 trials. With respect to the distant metastasis-free survival end-point, the data are very consistent with the RFS data. The data are final in the Combi-AD trial and exploratory in the nivolumab and pembrolizumab trials but in essence show HRs consistent with the RFS HRs.

There is a clear difference in the rate and quality of side-effects between PD-1 and BRAF/MEK inhibitors. Although the rate of grade III–IV side-effects is lowest for nivolumab and pembrolizumab both drugs can have long-lasting or life threatening immune-related side-effects (e.g. diabetes, hypophysitis and myocarditis) in a small minority of patients. In contrast, more patients stop therapy because of AEs with D + T, but AEs usually subsiding quickly after discontinuation of the drug(s).

CLND has been a mandatory component in all adjuvant phase III trials but is currently no longer considered mandatory.

### 6.5.1. The next steps

Current studies in the adjuvant field look at the combination of a reduced dose of ipilimumab with standard doses of nivolumab (Checkmate 915, NCT03068455) or at the adjuvant use of PD-1 antibodies in patients with high-risk primary melanoma i.e. stage IIB and IIC (Keynote 716, NCT03553836; Checkmate 76K, NCT04099251) [89]. Future trials will also assess the use of BRAF and MEK inhibition in stage II disease and the use of sequential therapy of BRAF/MEK and PD-1 inhibition in the adjuvant setting.

Further clinical development may involve neoadjuvant use of pembrolizumab, nivolumab most likely in combination with ipilimumab, or a BRAF/MEK inhibitor combination, especially attractive in palpable nodal stage III disease. One of the advantages of the neoadjuvant setting over adjuvant is that the efficacy of the drug can be confirmed by its direct effect on the nodal disease. Moreover, neoadjuvant therapy may facilitate surgery, reduce RT and increase locoregional control. Impressive results have been obtained with BRAF/MEK combinations, with a 100% response rate and reduced relapse rates [90]. The combination of nivolumab and ipilimumab is highly active as well and, interestingly induces a greater number and variety of T-cell receptor (TCR) clones than adjuvant therapy with the same regimen [91] while PD-1 antibodies alone seem to be less active [92]. Grade III–IV toxicities are observed in 80–90% of patients at approved standard doses of ipilimumab and nivolumab but low-dose ipilimumab (1 mg/kg) with nivolumab at 3 mg/kg showed comparable efficacy but significantly reduced toxicity [93]. Most interestingly, the paradigm that surgery has to be used in every patient following neoadjuvant treatment of palpable nodal disease is, based on the high pathological complete remission observed after neoadjuvant treatment with ipilimumab and nivolumab, currently challenged in the PRADO-extension of the OPACIN-neo trial (NCT02977052).

Currently, most of these trials are however based on small patient groups, and therefore these data will have to be confirmed in larger data sets before they can be introduced into standard clinical care.

## 7. Systemic therapy for metastatic disease

### 7.1. General principles

The major indications for systemic therapy are inoperable regional metastases and distant metastases (stage IV). From the long list of available cytostatic drugs, only a few have been able to induce tumour

responses but almost no long-lasting responses with an impact on survival. New targeted compounds and immunotherapeutic drugs have however shown to prolong survival significantly [94,95]. The two main goals of systemic therapy are:

- Prolongation of progression-free survival (PFS) and OS with acceptable drug toxicities
- Reduction of tumour load or specific tumour-related symptoms to increase the quality of life

### 7.2. Immunotherapy

Cytokines such as interferon-alpha and interleukin-2 were examined in several clinical trials in melanoma and achieved low response rates (10–16%) in non-randomised trials. Randomised clinical trials on these agents are still not available. Vaccination strategies have raised a lot of interest, but so far no efficacious vaccines have been developed [96].

Blockade of immune checkpoint mechanisms with antibodies to CTLA-4 and PD-1 expressed by lymphocytes abrogates down-regulation of immune responses and leads to continued activation of lymphocytes, enabling killing of tumour cells. This immunostimulation is non-specific and can lead to immunologically mediated toxicity. The anti-CTLA-4 antibody ipilimumab was the first immunotherapy that showed a benefit for OS in two controlled trials in metastatic melanoma [95–102]. Ipilimumab is approved for melanoma therapy by the FDA and EMA. It is presently administered as four intravenous infusions at a dose of 3 mg/kg/infusion separated by three weeks. Serious autoimmune reactions including skin rashes, colitis, thyroiditis, hepatitis, hypophysitis and others can develop in some patients and require interdisciplinary management. Early recognition of these side-effects is essential and requires specific training of the treating physicians.

The response rate to ipilimumab is only about 15%, but remarkable durable remissions were observed in stage IV patients previously treated with other drugs. Patients with stable disease or initial disease progression can also benefit with prolonged survival. Meanwhile, the introduction of PD-1 antibodies changed the role of ipilimumab, which is no longer considered as the treatment of choice for first-line therapy, but ipilimumab will be used in combination with PD-1 antibodies or as second-line therapy.

The anti-PD-1 antibodies nivolumab and pembrolizumab are FDA-approved and EMA-approved for the treatment of unresectable metastatic melanoma. Nivolumab was shown to improve PFS and OS as compared with dacarbazine (CheckMate-066 trial [103]) and as compared with ipilimumab (CheckMate-067 trial [104]). Pembrolizumab showed improved PFS and OS in

comparison with ipilimumab (KEYNOTE-006 trial [105]). Objective response rates of 35%–42% were achieved with PD-1 blockade. Long-term survival data after 5 years are now available and show a survival rate of 34% for any line of treatment (KEYNOTE-001 trial) and 43% for treatment-naïve patients (KEYNOTE-006), respectively [105,106]. PD-1 blockade is considered as an effective option for the first-line treatment of patients with both BRAF wild-type and mutated tumours. The dose of nivolumab and pembrolizumab depends on which type of administration schema is used (Table 2). A body surface-based dose or a flat dose can be offered. The difference between these options is the frequency, and patients' preferences should be taken into consideration when discussing which schedule to choose.

The combination of nivolumab with ipilimumab has been shown to be superior, in terms of PFS, to ipilimumab and to nivolumab as single drugs (CheckMate-067 trial [104]) and is therefore approved by the FDA and EMA. However, OS data showed a trend, but no significance in a comparison with nivolumab monotherapy with the combination only. The long-term survival data after 4 years indicate the excellent therapeutic potential with a durable, sustained survival benefit and a hope for cure, both with nivolumab alone and the

combination approach [104]. Because there is substantially more toxicity, including irreversible AEs, with the ipilimumab/nivolumab combination, this treatment needs to be supervised by experienced physicians, who are familiar with immune AE management procedures.

Combining nivolumab with ipilimumab, toxicity can be reduced by choosing a lower dose of ipilimumab with 1 mg/kg and a higher dose of nivolumab of 3 mg/kg in the first four cycles of the induction phase, as shown in the Checkmate 511 trial. The grade III/IV toxicity was reduced by half, whereas the efficacy was largely the same. However, the follow-up in this trial did not yet exceed 18 months, and longer follow-up is needed to confirm the equivalence of the efficacy. Therefore, we listed this schedule in Table 2, and treatment based on this scheme may be considered, but it seems to be too early to give a general recommendation for this scheme.

#### Recommendation 20

Immunotherapy in stage IV	Evidence-based recommendation
Level of recommendation A	In stage IV patients, immunotherapy with checkpoint inhibitors shall be offered as first-line. The options include anti-PD-1 monotherapy and combination of anti-PD-1 plus anti-CTLA-4.
Level of evidence: 1b Consensus rate: 100%	De novo literature research [103,107–110]

**Table 2**  
Checkpoint blockade therapies for advanced cutaneous melanoma described in prospective randomised trials.

Medication	Dose	Response rate
Ipilimumab [95,102]	3 mg/kg i.v. every 3 weeks for four cycles	12–19%
Nivolumab [103,110]	3 mg/kg i.v. every 2 weeks until tumour progression	40%–44%
Nivolumab [111]	480 mg i.v. every 4 weeks (flat dose) until tumour progression	
Pembrolizumab [107]	2 mg/kg i.v. every 3 weeks until tumour progression	33%
Pembrolizumab [112,113]	400 mg i.v. every 6 weeks (flat dose) until tumour progression	
	200 mg i.v. every 3 weeks (flat dose) until tumour progression	
Nivolumab + Ipilimumab [104,108]	Ipilimumab 3 mg/kg i.v. plus nivolumab 1 mg/kg i.v. every 3 weeks for four cycles, continuation with 3 mg/kg nivolumab every 2 weeks until tumour progression	50–58%
Nivolumab + Ipilimumab [109]	Ipilimumab 1 mg/kg i.v. plus nivolumab 3 mg/kg i.v. every 3 weeks for four cycles, continuation with 3 mg/kg nivolumab every 2 weeks until tumour progression	64%

i.v., intravenous.

#### 7.3. Targeted therapy

In melanoma, different activating mutations have been described, mainly resulting in an increased signalling of the MAP kinase and AKT pathways [97]. Numerous targeted inhibitors have already been developed or are under clinical investigation.

About 45% of patients with cutaneous melanoma carry an activating BRAF V600 mutation, for which several highly selective inhibitors have been developed. Vemurafenib and dabrafenib were shown to achieve a high rapid tumour response rate (roughly 50%) in patients carrying the V600E mutation and a substantial prolongation of PFS and OS in comparison with dacarbazine (DTIC) [94,95,97,98]. Vemurafenib and dabrafenib are approved for melanoma therapy in the US and the EU. Vemurafenib is administered as an oral drug with a current standard dose of 960 mg twice daily and dabrafenib as an oral drug with a standard dose of 150 mg twice daily. Minor systemic (arthralgia, fatigue) but major cutaneous side-effects have been reported, including photosensitivity (only vemurafenib), development of epithelial tumours and in rare cases new primary melanomas. Development of secondary resistance to BRAF inhibitors with varying time courses is a frequent event. MEK inhibitors meanwhile supplement

the inhibition of the MAP kinase pathway, and combinations of BRAF and MEK inhibitors like vemurafenib/cobimetinib (coBRIM trial [114]) dabrafenib/trametinib (COMBI-d, COMBI-v [115,116]) and recently encorafenib/binimatinib (COLUMBUS [117]) were shown in four independent phase III trials to significantly increase objective response rate, PFS and OS. Therefore, the combination of BRAF and MEK inhibition is the current standard in the treatment of patients with BRAF mutations, where this treatment strategy is indicated (Table 3). A recent update on a pooled analysis of COMBI-d/v reported for the first time 5-year survival data. Thirty-four percent of all patients treated with dabrafenib/trametinib were still alive. If these patients demonstrated normal LDH levels at baseline, this increased to 41% [115].

A small proportion of melanomas arising in sun-protected sites have mutations in cKIT and they have been treated with the cKIT inhibitor imatinib mesylate. Responses have been described in case reports, and a phase II trial revealed an objective response rate of 23% in patients with cKIT-mutated melanoma (Table 3) [118].

A NRAS mutation is detected in 15–20% of cutaneous melanomas. Presently, there are no effective NRAS-inhibiting molecules available. Trials have been performed in these patients with MEK inhibitors such as binimatinib (NEMO trial [119]) and pimasertib

**Table 3**  
Targeted therapy for advanced cutaneous melanoma described in prospective randomised trials or phase II studies, if phase III trials were not available.

Medication	Dose	Response rate
<b>BRAF mutation</b>		
Dabrafenib	2 × 150 mg p.o. daily	64%–67%
+	1 × 2 mg p.o. daily	
Trametinib		
Long 2014, Robert 2014 [120,121]		
Vemurafenib	2 × 960 mg p.o. daily	54–68%
+	1 × 60 mg p.o. daily for	68–76%
Cobimetinib	21 days, followed by 7	
Ribas 2014, Larkin 2014, Ascierto 2016 [114,122,123]	days off treatment	
Encorafenib	1 × 450 mg p.o. daily	
+	2 × 45 mg p.o. daily	
Binimatinib		
Dummer May 2018, Dummer Oct 2018 [117,124]		
<b>cKIT mutation</b>		
Imatinib mesylate Guo 2011 [118]	1 × 400 mg p.o. daily until tumour progression	23%
<b>NRAS mutation</b>		
Binimatinib NCT01763164; Dummer 2017 [119,125]	2 × 45 mg (3 × 15 mg tablets) p.o. daily until tumour progression	15%

(NCT01693068). A low response rate has been observed but no significant impact on OS. Furthermore, the MEK inhibitor binimatinib appeared to be more toxic than a single-agent treatment with conventional DTIC chemotherapy [119].

#### Recommendation 21

Targeted therapy in stage IV	Evidence-based recommendation
Level of recommendation A	In particular scenarios* for patients with stage IV melanoma and a BRAF-V600E or V600K mutation, first-line therapy with BRAF/MEK inhibitors can be offered as an alternative to immunotherapy. In patients with primary resistance to immunotherapy and harbouring a BRAF-V600E or V600K mutation, this therapy shall be offered in second-line.
Level of evidence: 1b	De novo literature research [105,114,116,117] Consensus rate: 90%

\*particular scenarios: high LDH, high tumour burden or aggressive course of the disease, which will leave not enough time for developing an effective anti-tumour immune response. LDL, lactate dehydrogenase

#### 7.4. Chemotherapy

Chemotherapy was the only available systemic treatment before targeted therapies and immune checkpoint modulators became available. Presently, chemotherapy may only be considered as last-line treatment in patients with resistance to immunotherapies and – where applicable – targeted therapies. However, single-agent and combination chemotherapy may still play a role in countries where the new and more effective drugs are still not available and/or reimbursed.

A number of agents with comparable effectiveness are used for systemic chemotherapy of advanced melanoma. Chemotherapy can lead to the regression of tumours and a reduction in tumour-related symptoms, but no regimen has demonstrated a survival advantage over symptom palliation. The longest established monotherapy is DTIC. Several multicenter trials, however, have demonstrated that response rates are in the range of only 5–12% with few complete responses (Table 4) [126–129].

#### Recommendation 22

Chemotherapy in stage IV	Consensus-based recommendation
GCP	Chemotherapy should be considered only when there is resistance to immunotherapy and targeted therapies. Consensus rate: 100%

Table 4

Examples of monochemotherapy and polychemotherapy for advanced cutaneous melanoma described in prospective randomised trials or phase II studies, if phase III trials were not available.

Medication	Dose	Response rate
Dacarbazine Ringborg 1989, Middleton 2000 Chiarioti Sileni, 2001, Young 2001 [129–132]	250 mg/m <sup>2</sup> i.v. daily for 5 days every 3–4 weeks 800–1200 mg/m <sup>2</sup> i.v. daily on one day every 3–4 weeks	12.1–17.6% 5.3–23%
Temozolamide Bleehen 1995, Middleton 2000 [129,133]	150–200 mg/m <sup>2</sup> p.o. daily for 5 days every 4 weeks	13.5–21%
Fotemustine Jacquillat 1990, Mornex 2003 [134,135]	100 mg/m <sup>2</sup> i.v. on days 1, 8 and 15; then 5 week pause, then repeat single dose every 3 weeks	7.4–24.2%
CarboTax Rao 2006 [136]	Carboplatin AUC6 i.v. day 1, after four cycles reduce to second-line) AUC4 Paclitaxel 225 mg/m <sup>2</sup> i.v. day 1 every 3 weeks, after four cycles reduce to 175 mg/m <sup>2</sup>	(12.1% Paclitaxel 225 mg/m <sup>2</sup> i.v. day 1 every 3 weeks, after four cycles reduce to 175 mg/m <sup>2</sup>
DVC Verschraegen 1988 [137]	DTIC 450 mg/m <sup>2</sup> i.v. days 1 + 8 Vindesine 3 mg/m <sup>2</sup> i.v. days 1 + 8 Cisplatin 50 mg/m <sup>2</sup> i.v. days 1 + 8 every 3–4 weeks	24%

i.v., intravenous

### 7.5. Brief conclusions on stage IV treatment

Presently, insufficient data are available to establish a comprehensive treatment algorithm for stage IV melanoma. That being said some general principles can be applied.

- The treatment of metastatic melanoma patients should be discussed in interdisciplinary tumour boards with representation from multiple oncology sub-specialities.
- Mutation testing of tumour tissue (at least a search for *BRAF* mutations) is a prerequisite for treatment decisions and should be performed preferentially in metastatic tumour tissue from AJCC stage IIIB onwards.
- PD-1 blockade either as monotherapy or in combination with CTLA-4 blockade should be considered as a good option for first-line treatment for all patients with unresectable metastatic melanoma, independent from tumour *BRAF* status.
- The combination of *BRAF* with MEK inhibitors is the standard of care, if patients are treated with targeted therapies. Single-agent therapy with *BRAF* inhibitors alone is not recommended unless MEK inhibitors are contraindicated.
- For patients with *BRAF*-mutated tumours, there are presently no randomised data to judge whether *BRAF*/MEK inhibition should be given in the first- or second-line (before

or after immune checkpoint modulators), but trials on the best sequencing of targeted therapy and immunotherapy are ongoing.

- Chemotherapy may be considered in patients with a good performance status, who are resistant to targeted therapies and immune checkpoint modulators.
- c-KIT inhibitors may play a minor role in the second-line treatment of cKIT-mutant melanomas if PD-1 antibodies with or without ipilimumab have been used already.

### 7.6. Special case: Brain metastasis

Melanoma has a marked propensity to metastasize to the brain, which is associated with a worse prognosis. Surgery is considered as potentially curative in patients with solitary or few brain metastases (BM). Symptom control may be established in the short term with dexamethasone by reducing secondary oedema. SRS can likewise be potentially curative for brain metastasis [138]. No difference for the local control of brain metastases was until now demonstrated between SRS and surgical resection. SRS was associated with improved early local control of treated lesions compared with surgical resection, although the relative benefit decreased with time [139]. Both stereotactic single-dose radiation therapy, and surgical resection are appropriate for solitary or few (typically up to 5), and not too large lesions (up to 3 cm in diameter), although newer devices allow the treatment of more lesions in selected cases. Treating solitary lesions (surgery or stereotactic RT) can be applied several times and appears to prolong DFS, although this has never been established in randomised trials. WBRT is generally palliative and does not prolong survival. In general, nowadays it can no longer be recommended. In symptomatic patients, symptom control may be established in the short term with dexamethasone by reducing secondary oedema.

#### Recommendation 23

Surgery and radiotherapy for brain metastases	Evidence-based recommendation
Level of recommendation B	Patients with brain metastases should be treated with stereotactic radiotherapy. Surgery can be an option when stereotactic radiotherapy is not possible.
Level of evidence: 3b	Guideline adaptation [15,16] Consensus rate: 90%

#### Recommendation 24

Whole brain radiotherapy (WBRT)	Evidence based recommendation
Level of recommendation C	WBRT should be abandoned from the treatment of melanoma brain metastases.
Level of evidence: 3b	Guideline adaptation [15,16] Consensus rate: 80%

Until 2010, systemic therapy in melanoma brain metastasis was limited to using chemotherapeutic agents (mainly fotemustine) after failure of local therapies. However, melanoma treatment of brain metastasis has seen a recent surge in novel therapeutics that is effective in treating CNS metastases.

### 7.6.1. Immunotherapy

In the first trial of immunotherapy for patients with brain metastases, the CTLA-A4 antibody ipilimumab was tested in an open-label phase II study in patients with asymptomatic and symptomatic brain metastases [140]. Although an intracranial response rate of 16% and long-term benefit was seen in asymptomatic patients, the response rate deteriorated to 5% in symptomatic patients. Immunotherapy with PD-1 blocking antibodies or in combination with CTLA-4 blocking monoclonal antibodies has been tested in two recent prospective trials. The Checkmate 204 study, showed a 57% intracranial overall response rate (ORR) with 25% complete responses in patients with a limited number of asymptomatic brain metastases [141]. The Australian ABC trial, reported similarly outstanding results for combination immunotherapy with an intracranial ORR of 42% in asymptomatic patients with a slightly higher number of intracranial metastases. With anti-PD-1 monoclonal antibody alone, the response is lower with an intracranial OR of 22% [58]. Intracranial PFS was 63% after 6 months in the 204 trial with a tendency to reach a possible plateau, although follow-up is still limited. OS was reported to be at 82% after 12 months.

In Checkmate 204, a smaller cohort of 18 patients with symptomatic brain metastases was also treated with ipilimumab and nivolumab and showed a significantly lower intracranial response rate of 22% and a 19%, respectively, PFS landmark at 6 months [141].

No prospective trial has been performed combining checkpoint inhibitors and RT/surgery, and the best sequence remains to be determined [142].

### 7.6.2. Targeted therapy

The BREAK-MB trial demonstrated the impact that a BRAF inhibitor, dabrafenib, had in brain metastases with a 39% and 30% intracranial response rate in patients without and following progress after previous local treatment of their brain metastases, respectively [101]. The COMBI-MB trial, an open trial with dabrafenib and trametinib had an objective response rate of 58% in patients carrying a BRAF V600 mutation without neurologic symptoms and a comparable response rate in a small group of symptomatic patients. The duration of response was however only 6.5 months in asymptomatic patients and 4.5 months in symptomatic patients [60].

In a general manner, the factors associated with shorter OS included male sex, cerebellar involvement, higher number of metastatic brain tumours, concurrent

presence of adrenal metastasis or treatment with whole brain radiation therapy.

### 7.6.3. Combined approaches

The combination of SRS with modern melanoma treatment (BRAF + MEK inhibition and anti-PD-1-based immunotherapy) has been tested in numerous retrospective studies with improved intracranial control, as well as encouraging PFS and OS data. No prospective trial has been published combining checkpoint inhibitors or BRAF + MEK inhibitors and RT/surgery, and the best sequence remains to be determined [142].

### Recommendation 25

Systemic therapy for brain metastases	Consensus-based recommendation
Good clinical practice (GCP)	In patients with brain metastases, combined immunotherapy should be offered preferentially. Targeted therapy can be an alternative in patients with BRAFV600 E/K mutation. Consensus rate: 100%

### 7.7. Special case: Metastatic uveal melanoma

Melanomas of the eye involve the uvea, ciliary body or the retina. They have a different pattern of metastasis than cutaneous melanomas. Because the eye does not have a lymphatic system, almost all metastases are found in the liver following haematogenous spread. For this reason, the prognosis of metastatic ocular melanoma is in general much worse than that of its cutaneous counterpart. On the other hand, when patients with liver metastases from ocular and cutaneous melanoma are compared, there are no significant differences in the diseases' natural histories from that point.

Because of the preferential metastasis to the liver, patients with ocular melanoma and liver metastases may be candidates for local regional therapeutic measures. Few systemic schedules have been reported with objective responses (Table 5), and the response rates reported for treatment with checkpoint inhibitors are in the lower single-digit range. In the absence of effective systemic

Table 5  
Chemotherapy for advanced uveal melanoma.

Medication	Dose
<b>Fotemustine</b> Leyvraz 1997, Egerer 2001, Siegel 2007 [143–145]	Induction cycle 100 mg/m <sup>2</sup> intra- arterial (hepatic artery) for more than 4 h weekly for 4 weeks; then 5 weeks pause; then repeat every 3 weeks
<b>Treosulfan/</b> <b>Gemcitabine</b> Pföhler 2003 [146]	Treosulfan 5 g/m <sup>2</sup> i.v. day 1 Gemcitabine 1 g/m <sup>2</sup> i.v. day 1 Repeat every 3 weeks

therapies, it is recommended that patients with metastatic disease be offered enrolment in a clinical trial.

## 8. Consensus building process and participants

These guidelines originate from contributors who were involved in the development of their national guidelines. These national guidelines were elaborated by the different specialities involved in the management of melanoma patients (dermatology, medical oncology, surgical oncology, RT, pathology and others).

These guidelines were prepared under the auspices of the European Dermatology Forum, the European Association of Dermato-Oncology and the EORTC. In the first round, medical experts who participated in their national guideline development processes were involved. In the second round, the EORTC selected experts from different specialities to contribute to these guidelines. This process was first organised in 2008/2009, and the update was developed by the same groups in 2012 and 2016. The formal recommendations were discussed and agreed upon at the consensus conference on the 23rd of September 2019 in Rome by the Guideline Group represented by 20 European experts. Professor Claus Garbe, Tübingen, coordinated the activities of the selected experts and the final authors. These guidelines are planned to be updated at least every two years.

### Conflict of interest statement

C.G. reports receiving personal fees from Amgen, Pierre Fabre, Philogen and MSD; and reports receiving grants and personal fees from Novartis, NeraCare, BMS, Roche and Sanofi, outside the submitted work.

T.A. reports receiving personal fees and other grants from BMS, Novartis, Pierre Fabre, Neracare and Sanofi, outside the submitted work.

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