

Implant sonication versus intraoperative tissue sample cultures for Periprosthetic Joint Infection (PJI) of Shoulder Arthroplasty

Antonio Padolino¹, Giacomo Cataldo², Luigi Tarallo², Elisabetta Fabbri³, Giovanni Merolla⁴, Gian Mario Micheloni², Paolo Paladini¹, Giuseppe Porcellini²

¹Shoulder and Elbow Unit, "D. Cervesi" Hospital, Cattolica-AUSL della Romagna, Ambito Rimini, Italy; ²Orthopaedic and Traumatology department, University of Modena and Reggio Emilia; ³Research and Innovation Department, AUSL della Romagna, Ambito Rimini, Italy; ⁴Doctorate School in Clinical and Experimental Medicine, Unimore, Modena, Italy

Abstract. *Introduction:* Periprosthetic joint infection (PJI) is the most problematic complications after shoulder arthroplasty. Many diagnostic tools have been identified to find infection, such as histopathologic examination of tissue sections or cultures of intraoperative tissue. Implant sonication fluid culture showed good results in order to enhance diagnostic accuracy, but literature results are still controversial. Aim of our study is to compare the results of sonication with intraoperative tissue sample cultures. *Patients and Methods:* From February 2016 to January 2018 we performed 102 revisions of Total Shoulder Arthroplasty (TSA) for suspected PJI. Sixty - five patients respected the criteria for admission to the study and were enrolled. In each case periprosthetic specimens were collected and explanted prosthesis were put inside sterile fluid, sonicated and then placed under culture. *Results:* Among the sixty-five patients, 36 were considered as possible, probable or certain infection. Tissue cultures were positive for infection in thirty - four cases (52,3%) and in nineteen cases was found the positivity for *Cutibacterium acnes*. Sonication fluid cultures were positive in forty cases (61,5%), with a positivity for *Cutibacterium acnes* in twenty - seven cases. The sensitivities of sonication and tissue cultures for the diagnosis of shoulder PJI were 83.3% and 88,9% ($P = 0,08$); the specificities were 65.5% and 93,1% ($P < 0.01$) respectively. *Conclusion:* Our results suggest that sonication technique had not shown a clear advantage in postoperative shoulder PJI diagnosis, but it's a real aid to detect *Cutibacterium acnes*. In any case, sensitivity and mostly specificity were higher with tissue cultures. (www.actabiomedica.it)

Key words: sonication, tissue culture, periprosthetic shoulder infection, *Cutibacterium acnes*

Introduction

The number of shoulder arthroplasties is constantly increasing worldwide (1). Periprosthetic joint infection (PJI) is one of the most feared complications for physicians after shoulder replacement surgery; the incidence has been reported to be 1,1%(2), increasing up to 15,4% if we consider revision surgery (3). Furthermore it is well known this complication to be a relevant and heavy economic burden, due to the cost of treatments and long hospitalization (4,5).

Cutibacterium acnes has certainly a key role inside the matter of shoulder PJI. This Gram- Positive anaerobe is a commensal of the pilosebaceous follicles and it can frequently colonize the deep layers of the skin next to the neck, chest, upper limb and mostly in the axillary region. It is estimated that around 56% of shoulder infections after orthopedic implant involve *Cutibacterium acnes*, with a greater frequency in male gender (6,7). This bacterium can adhere over the orthopedic implants by the production of a biofilm layer, which make it difficult to eradicate: a combined

approach of prolonged antibiotic therapy followed by a further surgical treatment is often needed (8). It is widely accepted that the only medical management brings poorer results; this approach should be strictly reserved if the patient is unoperable due to an unacceptable surgery risk or his comorbidities (9-12). To diagnose a PJI caused by *Cutibacterium acnes* is still challenging; its low virulence often causes a subtle presentation, patients' symptoms can be limited to pain or be absent (13), furthermore the negativity for inflammation marker can endure for two years after surgery (14,15). A promptly recognition of PJI due to *Cutibacterium acnes* becomes crucial for the correct management of the prosthetic implant failure. In order to diagnosticate a PJI caused by *Cutibacterium acnes*, culture examination of periprosthetic tissue collected intraoperatively is considered to be the gold standard. This methodic implies the risk of false positives (contaminants from the skin) or false negatives (insufficient time for culture). During the years the number of diagnosis for this bacterium have been probably underestimated; nowadays it is common opinion that *Cutibacterium acnes* requires at least 2 weeks of culture to exclude a false negative (16-21). Implant sonication fluid culture emerged as a promising diagnostic tool over the infection cases of orthopedic implants. Despite many authors suggest the use of sonication as a common practice when PJI is suspected (22-26), there is still controversy about this topic.

The aim of our study is to clarify wheter sonication brings benefit in sospicious cases of shoulder PJI through comparison with intraoperative tissue samples cultures.

Patients and Methods

We performed a retrospective case-control study reviewed surgery data of 102 Total Shoulder Arthroplasty Revision from February 2016 to January 2018, with diagnosis of probable infection of prosthetic implant. All patients underwent sonication of implant removed and intraoperative withdrawal of sample tissues. Samples was collected in sterile screw-capped container after sterile gloves changing.

Inclusion criteria were the availability of sonication of the implant, 5 intraoperative periprosthetic

sample tissues, no contralateral shoulder prosthesis. Exclusion criteria were: less then two weeks wash out from antibiotics therapy, less than 5 intraoperative periprosthetic samples tissues, no sonication.

Sixty-five patients respected inclusion criteria and were enrolled for the study. The diagnosis of infection has always been carried out using the criteria that have been confirmed for years by the Committee on Periprosthetic Shoulder Infections of ICM (27).

The presence of one of the following major criteria poses a certain diagnosis of infection:

Presence of a sinus tract

Presence of intra-articular pus.

Presence of 2 positive cultures with phenotypically identical virulent organisms.

The presence of minor criteria (Table 1) allow to stratify the risk of infection in the absence of the feedback of the main criteria. Based on the score obtained by the positivity for the individual tests:

6 or greater with identified organism indicates probable PJI

Table 1. Minor criteria for definition of shoulder PJI. PMN, polymorphonuclear leukocyte; WBC, white blood cell; ESR, erythrocyte sedimentation rate; CRP, C-reactive protein.

Minor Criteria	Weight
Single positive tissue culture with virulent organism	3
Single positive tissue culture with low-virulence organism	1
Second positive tissue culture (identical low-virulence organism)	3
Unexpected wound drainage	4
Positive frozen section (5 PMNs in 5 high-power fields)	2
Positive preoperative aspirate culture (low or high virulence)	2
Elevated synovial neutrophil percentage (>80%)	2
Elevated synovial WBC count (>3000 cells/mL)	2
Elevated ESR (>30 mm/h)	2
Elevated CRP level (>10 mg/L)	2
Elevated synovial a-defensin level	2
Cloudy fluid	2
Humeral loosening	3

6 or greater without identified organism indicates possible PJI

Fewer than 6:

- Single positive culture with virulent organism indicates possible PJI

- 2 positive cultures with low-virulence organism indicates possible PJI

- Negative cultures or only single positive culture with low- virulence organism indicates an unlikely PJI.

During revision surgery, at least 5 tissue specimens were collected, taken from different sites and with greatest suspicion for a local infection. The prosthetic implant, once explanted, was placed inside a sterile container and subsequently subjected to sonication. The administration of perioperative antibiotics has always been carried out after tissue samples have been taken.

Sonication method

The prosthesis sample, for proper sonication, must be completely plunged in the Brain Heart Infusion broth (BHI) or physiological liquid. The following steps will be carried out in the laboratory:

Incubate the material at 37 °C for at least 30 minutes;

Check that the caps of the containers are tightly closed

Seal the caps of the containers with parafilm

Sonication for 5 minutes with preset program

Vortex for at least 30 seconds

To sow with the 10 µL loop

Aerobic culture: BHI enrichment broth and agar blood (COS) incubated in aerobiosis, chocolate agar (PVX) in CO₂. Anaerobic culture: Thioglycollate enrichment broth, blood agar (COS), Schadler agar (SCS) and Schadler agar+ antibiotic mixture (SNVS) incubated in anaerobiosis.

After 24/48 hours and daily up to 7 days of incubation, all enrichment broths and plates are evaluated, if there is bacterial growth, identification and antibiogram of the colonies are carried out and the microorganisms will be reported with semi-quantitative charge (positive after enrichment only if the growth has occurred from BHI broth).

On the 14th day if no growth is highlighted on the plates or clouding of the enrichment broth

a subculture from the BHI broth is carried out on a blood agar plate. In the absence of growth, the sample is reported negative.

Statistical Analysis

Descriptive statistical analysis was performed through simple and double frequency tables. Paired dichotomous variables (positive/negative outcome of the two methods) were compared with the McNemar test, while concordance was calculated with Cohen's kappa. The quantitative variables (number of bacteria detected with the two methods) were compared with the Wilcoxon test for paired data. For all tests the significance threshold was 0.05. The scan was performed with the STATA 14.2 software.

Patients considered as a certain, probable or possible infection were placed within a single group of patients (PJI), patients with an unlikely diagnosis of periprosthetic infection were placed in the group of the no infected (NPJI). The results of culture sample tissues was used to define the state of infection, as indicated by the criteria listed by the MCA. Sensitivity and specificity were derived from tissue culture data and sonication fluid culture inserted into a table 2-by-2 contingency tables. To assess sensitivity and specificity obtained for each method we performed the Chi-quadro test.

Results

Among the 102 revisions of total shoulder arthroplasty, 65 patients satisfied the criteria for eligibility during the period under examination.

Tirty-six patients (55.4%), according to the MCA criteria for the diagnosis of prosthetic joint, were considered as possible, probable or certain infections. In Twenty-nine patients (45.6%) the diagnosis of infection was excluded and considered unlikely. Within the group of patients diagnosed with infection, 88.9% (32/36) have a positive result in sample tissue culture and 83.3% (30/36) positive sonication for at least one bacterium. Considering all the eligible patients, the sample tissue culture was positive for 52.3% (34/65), while sonication was positive for 61.5% (40/65) (Table 2).

Table 2. Summary of sonication and tissue cultures within 2-by-2 respective contingency tables. PJI group considers certain, possible and probable diagnosis of infection; NPJI group considers unlikely diagnosis of infection.

Contingency table	Positive tissue cultures exam	Negative tissue cultures exam	Positive fluid sonication exam	Negative fluid sonication exam
PJI	32 (49,2%)	4 (6,2%)	30 (46,2%)	6 (9,2%)
NPJI	2 (3,1%)	27 (41,5%)	10 (15,4%)	19 (29,2%)

Cutibacterium acnes was the most frequently isolated pathogen for both the methodics examined. More specifically it was identified by sample tissue culture in 55.9 % (19/34). Others pathogens were: Staphylococcus epidermidis (13/34, 38.2%), Staphylococcus aureus (5/34, 14.7%), Enterococcus faecalis (3/34, 8.8%), Peptostreptococcus magnus (2/34, 5.9%), Escherichia coli, Proteus mirabilis and Pseudomonas aeruginosa (1/34, 2.9%). Cutibacterium acnes is identified by sonication in 67.5% (27/40). Others were Staphylococcus epidermidis (13/40, 32.5%), Staphylococcus aureus (4/40, 10%), Staphylococcus warneri (3/40, 7.5%), Enterobacter cloacae, Escherichia coli, Enterococcus faecalis, Proteus mirabilis, Pseudomonas aeruginosa and Streptococcus parasanguinis (1/40, 2.5%) (Table 3).

Cutibacterium acnes has been identified in twenty-seven patients through sonication (66.7% in PJI group) and in nineteen patients through sample tissue culture (100% in PJI group). In PJI group, Cutibacterium acnes was identified in 63.9% cases.

Polymicrobial infections were identified in sixteen patients (24.6%), 9 through Sonication, 10 through sample tissue culture; no method was simultaneously negative. In seven cases, sonication has identified at least one pathogen more than the culture; in eight cases, sample tissue culture has identified at least one pathogen more than sonication.

The sensitivity of culture examination from sonication fluid was 83.3%; in standard sample tissue culture examination was 88.9% ($P=0.08$). Specificity 65.5% for sonication and 93.1% for sample tissue culture ($P<0.01$). Matching the two methodics in the diagnosis of infection, sensitivity was 94.4% while specificity was 58.6% (Table 4).

The results of sensitivity, specificity, positive and negative predictive value and accuracy of the different methods are summarized in Table 5.

Discussion

The Second International Consensus Meeting on Musculoskeletal Infection (ICM 2018) discussed the role of sonication for the diagnosis of shoulder PJI: only two studies regarding this topic have been identified (28,29). Because of the contrasting results of this very limited literature, the ICM defined as “unclear” the usefulness of sonication during shoulder PJI process. A special focus is given to the Cutibacterium acnes due to its frequent involvement in shoulder infections. A missed diagnosis can lead to the relapse of the infection or the failure of a new implant; these problematic situations bring to high cost for national healthcare, long therapies for patients and to uncertain results (4). These knowledges have convinced us to use sonication as a tool that could improve our ability to make diagnoses. Our results don't suggest an advantage compared to the sample tissue culture examination (gold standard (27)).

The results of this study clearly show that sonication and tissue cultures are not interchangeable, even if we had similar number of positive cases: not infrequently one diagnostic tool identified at least one more pathogen than the other exam. The specificity of the tissue culture examination showed a statistically significant superiority than sonication, as well as the sensitivity slightly higher. The possible utilisation of sonication as an additional tool in the diagnosis of periprosthetic shoulder infection, despite a slight increase in sensitivity, considerably reduces diagnostic specificity: the risk of improperly treating as infected aseptic failures of prosthetic implants is possible, obtaining a dangerous outcome.

Within the poor literature on this specific topic, studies such as that of Grosso et al. (28) or, more recently, Doruk Akgün et al. (31) affirmed the absence of benefits in use of sonication applied to periprosthetic shoulder infections. Likewise our work does not

Table 3. Summary of the isolated pathogens from tissue cultures and sonication cultures.

Case number (total:65)	Group	Tissue cultures	Sonication cultures
1	PJI	C. acnes	C. acnes, Staphylococcus epidermidis
2	NPJI	Negative	Negative
3	NPJI	Staphylococcus aureus	Negative
4	NPJI	Negative	Negative
5	NPJI	Negative	Negative
6	PJI	C. acnes, Staphylococcus epidermidis	Staphylococcus epidermidis
7	NPJI	Negative	Negative
8	NPJI	Negative	Negative
9	PJI	C. acnes	Negative
10	NPJI	Negative	C. acnes
11	NPJI	Negative	Negative
12	PJI	Staphylococcus epidermidis	Staphylococcus epidermidis
13	PJI	C. acnes	C. acnes, Staphylococcus warneri
14	NPJI	Negative	Negative
15	NPJI	Negative	Negative
16	NPJI	Negative	C. acnes
17	PJI	Negative	C. acnes
18	PJI	Negative	C. acnes
19	NPJI	Negative	Negative
20	NPJI	Negative	Negative
21	PJI	C. acnes	C. acnes Enterobacter cloacae
22	PJI	C. acnes	C. acnes, Staphylococcus epidermidis
23	NPJI	Negative	Negative
24	PJI	C. acnes	C. acnes, Staphylococcus Epidermidis
25	NPJI	Negative	C. acnes
26	PJI	Pseudomonas aruginosa	Pseudomonas aeruginosa
27	NPJI	Negative	Negative
28	PJI	C. acnes	C. acnes
29	PJI	Staphylococcus epidermidis	C. acnes, Staphylococcus epidermidis, Staphylococcus aureus
30	NPJI	Negative	C. acnes
31	PJI	Staphylococcus epidermidis	C. acnes
32	NPJI	Negative	Staphylococcus epidermidis
33	NPJI	Negative	Negative
34	PJI	Proteus mirabilis	Proteus mirabilis
35	PJI	Negative	Negative
36	PJI	C. acnes	Negative
37	PJI	Staphylococcus aureus, Peptostreptococcus magnus	Staphylococcus aureus
38	NPJI	Negative	Negative

(continuous)

Case number (total:65)	Group	Tissue cultures	Sonication cultures
39	NPJI	Negative	Negative
40	PJI	C. acnes, Staphylococcus epidermidis	C. acnes
41	PJI	C. acnes, Staphylococcus epidermidis	C. acnes, Staphylococcus epidermidis, Streptococcus parasanguinis
42	PJI	Staphylococcus epidermidis	Staphylococcus epidermidis
43	NPJI	Staphylococcus aureus	Negative
44	PJI	C. acnes	C. acnes, Staphylococcus epidermidis, Staphylococcus warneri
45	PJI	C. acnes, Staphylococcus epidermidis, Enterococcus faecalis	C. acnes, Staphylococcus epidermidis
46	NPJI	Negative	C. acnes
47	PJI	Staphylococcus aureus	Staphylococcus aureus
48	PJI	C. acnes	Staphylococcus warneri
49	NPJI	Negative	C. acnes
50	NPJI	Negative	Negative
51	PJI	C. acnes, Staphylococcus epidermidis	C. acnes
52	PJI	C. acnes	C. acnes
53	PJI	C. acnes, Staphylococcus epidermidis, Enterococcus faecalis	C. acnes
54	PJI	Escherichia coli	Escherichia coli
55	PJI	Staphylococcus epidermidis	Negative
56	NPJI	C. acnes	Negative
57	PJI	C. acnes, Staphylococcus epidermidis	C. acnes, Staphylococcus epidermidis
58	NPJI	C. acnes	Negative
59	NPJI	C. acnes	Negative
60	NPJI	Negative	Negative
61	PJI	Staphylococcus epidermidis	Staphylococcus epidermidis
62	PJI	Enterococcus faecalis, Peptostreptococcus magnus	Enterococcus faecalis
63	PJI	C. acnes	Negative
64	PJI	Staphylococcus aureus	Staphylococcus aureus
65	PJI	Negative	Negative

Table 4. Results of combined sonication and tissue cultures within 2-by-2 contingency tables.

Contingency table	Sonication or tissue cultures positive exam	Sonication and tissue cultures negative exam
PJI	34 (52,3%)	2 (3,1%)
NPJI	12 (18,5%)	17 (26,2%)

show any statistically significant benefit with use of sonication in the diagnosis of shoulder PJI.

The work of Piper et al. (29) suggested the usefulness of the method and is cited by the ICM; it should

be emphasized, however, that among the criteria used to consider an infected patient within that study there is cultural examination only for a period of up to 7 days: the literature agreed on an average time of two

Table 5. Summary of sensibility, specificity, PPV (positive predictive value), NPV (negative predictive value) and accuracy from each diagnostic tool.

Diagnostic tool	Sensibility	Specificity	PPV	NPV	Accuracy
Cultural tissues	88,9%	93,1%	94,1%	87,1%	90,8%
Sonication	83,3%	65,5%	75%	76%	75,4%
Cultural e sonication	94,4%	58,6%	73,9%	89,5%	78,5%

weeks (at least eleven days) to exclude the numerous false negatives due to *Cutibacterium acnes*, indolent pathogen with long incubation times (16-21).

Kadler et al. have stated that *Cutibacterium acnes* is the main pathogen in cases of shoulder PJI (6,7); our study confirms this figure (involved in 63.9% of cases), but even in this case sonication has not been higher than in sample culture, reporting in 33.3% a false positive; the sample tissue culture has always been associated with a certain diagnosis of infection within our case studies: we obviously do not consider this figure to be certain, due to the limited number of cases considered within the cohort of patients, but still indicative of greater accuracy of this methodic. The absence of a clear advantage was clear in polymicrobial infections where we have not identified one methodic superior to the other.

Conclusions

An accurate diagnosis is crucial for detection of shoulder PJI. Every tool useful to improve our diagnostic accuracy should be considered and used. Implant sonication fluid culture proved to be a valid help during shoulder PJI diagnosis but does not replace tissue sample cultures. *Cutibacterium acnes* confirmed being the most represented pathogen in shoulder PJI and tissue culture has greater specificity rather than sonication in its diagnosis. Major limitation of this study is the relative small cohort of patients, due to the specific topic considered: we believe a wider sample can confirm statistical significance of gathered data.

Conflicts of interest: Each author declares that he or she has no commercial associations (e.g. consultancies, stock ownership, equity interest, patent/licensing arrangement etc.) that might pose a conflict of interest in connection with the submitted article.

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Correspondence:

Received: 28 April 2021

Accepted: 17 May 2021

Gian Mario Micheloni, MD,

Department of Orthopedics and Traumatology,
University of Modena and Reggio Emilia,

Policlinico di Modena.

E-mail: gianmario.micheloni@libero.it