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Phenolic compounds profile and antioxidant

properties of six sweet cherry (Prunus avium)

cultivars

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1 Abstract

2 Sweet cherry (Prunus avium) fruits are a nutritionally important food rich in dietary phenolic 3 compounds. The aim of this study was to investigate the phenolic profile and chemometric 4 discrimination of fruits from six cherry cultivars using a quantitative metabolomics approach, which 5 combine non-targeted mass spectrometry and chemometric analysis. The assessment of the phenolic 6 fingerprint of cherries allowed the tentative identification of 86 compounds. A total of 40 7 chlorogenic acids were identified in cherry fruit, which pointed out hydroxycinnamic acid 8 derivatives as the main class of phenolics by number of compounds. Among the compounds 9 detected, 40 have been reported for the first time in sweet cherry fruit. Hydroxycinnamic acids are 10 also the quantitatively most represented class of phenolic compounds in the cherry cultivars with 11 the exception of Lapins and Durone della Marca where the most representative class of phenolic 12 compounds were anthocyanins and flavan-3-ols, respectively. This non-targeted approach allowed 13 the tentative identification of the cultivar-compound relationships of these six cherry cultivars. 14 Both anthocyanins and colorless phenolic compounds profile appeared to be cultivar-dependent. In 15 detail, anthocyanins and flavonols patterns have the potential to be used for the determination of a 16 varietal assignment of cherries.

17 Keywords: cherries, mass spectrometry, polyphenols fingerprint, metabolomics, principal
18 components analysis

19 **1. Introduction**

20 Dietary habits are thought to be pivotal in the prevention of chronic and degenerative diseases such 21 as cancer, cardiovascular disease and metabolic syndrome-related disorders (Del Rio et al., 2013). 22 In this context, the daily intake of total polyphenols has been inversely associated with the risk of 23 cardiovascular diseases, all-cause mortality in subjects at high cardiovascular risk and cancer 24 (Tresserra-Rimbau et al., 2014a and 2014b). Not only total polyphenols, but also the intake of single 25 classes of phenolic compounds may be positive for human health. Some human randomized 26 intervention studies evidenced that the intake of flavan-3-ols-rich food (such as cocoa), 27 anthocyanins-rich food (such as berries) and flavanone rich food (such as citrus fruit) may have 28 beneficial effects on clinically significant risk factors associated with cardiovascular diseases (Del 29 Rio, et al., 2013). 30 Sweet cherries (Prunus avium) have been described as a rich source of dietary phenolic compounds 31 with plenty of health benefits and playing an important role in preventing several chronic diseases 32 (Ferretti, Bacchetti, Belleggia, & Neri, 2010; Mc Cune, Kubota, Stendell-Hollis, & Thomson, 33 2011). Extracts of sweet cherries have shown antioxidant properties both in cell-free and cell-based 34 assays and in vitro anti-proliferative activity against human cancer cells from colon (HT-29 and 35 HCT-15) and stomach (MKN45) (Bastos et al., 2015; Serra, Duarte, Bronze, & Duarte, 2011). 36 Consumption of sweet cherry fruit or juice (Bing cultivar) results in a significant reduction in 37 systolic and diastolic blood pressure and heart-rate in hypertensive subjects (Kent, Charlton, Jenner, 38 & Roodenrys, 2016) as well as several biomarkers associated with inflammatory diseases in healthy 39 humans (Kelley et al., 2013). 40 Some of the phenolic compounds reported to be present in sweet cherries include hydroxycinnamic 41 acids, anthocyanins, flavan-3-ols and flavonols (Ballistreri et al., 2013; de Pascual-Teresa, Santos-42 Buelga, & Rivas-Gonzalo, 2000; Gao, & Mazza, 1995; Girelli, De Pascali, Del Coco, & Fanizzi,

43 2016; Picariello, De Vito, Ferranti, Paolucci, & Volpe, 2016). Sweet cherries have an anthocyanin

44 composition of 3-glucoside and 3-rutinoside of cyanidin as the major anthocyanins and the 3-45 rutinoside of peonidin and pelargonidin as the minor anthocyanins (Ballistreri et al., 2013; Gao, & Mazza, 1995). Caffeoylquinic and coumaroylquinic acids have been described as the major 46 47 hydroxycinnamic acids in sweet cherries (Ballistreri et al., 2013; Gao, & Mazza, 1995). Among 48 flavan-3-ols and flavonols, epicatechin and quercetin-3-rutinoside have been detected as the main 49 compounds belonging to these classes present in sweet cherries (de Pascual-Teresa et al., 2000; 50 Pacifico et al., 2014). The amount of individual identified phenolic compounds in sweet cherries is 51 inconstant, depending strongly on the cultivars (Picariello et al., 2016).

52 Therefore, some efforts aiming at the identification of phenolic compounds in sweet cherry fruit 53 have been done. Nevertheless, the comprehensive characterization of this phenolic-rich matrix is 54 still lacking. Most of the studies carried out so far identified and quantified sweet cherry phenolics 55 by using high performance liquid chromatography coupled with photodiode array detector (HPLC-56 DAD) (Ballistreri et al., 2013; de Pascual-Teresa, et al., 2000; Gao, & Mazza, 1995), but very few 57 studies applied mass spectrometry detection for the qualitative analysis and characterization of 58 sweet cherry fruit (Bastos et al., 2015; Pacifico et al., 2014; Picariello, et al., 2016). To the best of 59 our knowledge, the most detailed study carried out in order to estimate the phenolic composition of 60 sweet cherries allowed the identification of 21 compounds belonging to different phenolic classes 61 (Picariello, et al., 2016).

62 This work, mainly aimed at HPLC-mass spectrometry identification and quantification of phenolic

63 compounds in six Italian cherry cultivars. <u>Nowadays, there are two different approaches processing</u>

64 and explaining metabolomic data (Wishart, 2008). In one version, known as "chemometric

65 <u>approach</u>", chemical compounds are not initially identified. The complex data recorded by mass

66 spectrometry are directly used for global multivariate statistical analysis such as principal

67 <u>component analysis (PCA). After identifying significant differences, the most informative peaks in</u>

68 the spectra are characterized and quantified. In the second approach, known as "quantitative

69 approach" most of the compounds in the sample are identified and quantified using mass 70 spectrometry. This information is then used to perform multivariate statistical analysis allowing to 71 establish the most important differences between samples (Wishart, 2008). We utilized thea 72 "quantitative metabolomics" approach, which combine non-targeted mass spectrometry and 73 chemometric analysis (Wishart, 2008). Non-targeted procedure has been recently utilized to 74 investigate the phenolic fingerprint of different vegetable materials overcoming the difficulties and 75 disadvantages of traditional targeted approaches (Calani et al., 2013; Mena et al., 2016). The 76 applied non-targeted procedure integrates a fast separation with the possibility of analyzing a large 77 amount of data. The chemometric approach analysis allowed the identification of the intra- and 78 inter-specific variability in cherry polyphenols and which factors contribute most to this variability. 79

80 2. Materials and methods

81 **2.1.** *Materials*

82 Cyanidin 3-O-glucoside, quercetin 3-O-glucoside, 5-O-caffeoylquinic acid, 5-O-feruloylquinic acid,

83 catechin, epicatechin, gallic acid, 6-hydroxy-2,5,7,8-tetramethylchroman-2-carboxylic acid (trolox),

84 2,4,6-tripyridyl-S-triazine (TPTZ), 2,2'-azino-bis(3-ethylbenzothiazoline-6-sulfonic acid) (ABTS)

and 2,2-diphenyl-1-picrylhydrazyl (DPPH) were purchased from Sigma (Milan, Italy). Acetonitrile,

86 methanol, formic acid were obtained from Carlo Erba (Milan, Italy). Solid phase extraction (SPE)

87 cartridge (C18, 50 μm, 60 Å, 500 mg) were supplied by Waters (Milan, Italy). The absorbance was

read using a Jasco V-550 UV/Vis spectrophotometer.

89

90 2.2. Cherry

Samples of six sweet cherry (*Prunus avium*) varieties (Della Marca, Celeste, Bigarreau, Durone Nero, Lapins and Moretta) were harvested at commercial maturity in Vignola (Modena province, Italy) during spring (Celeste, Bigarreau, Durone Nero and Moretta cultivars) or summer (Lapins and Della Marca cultivars) 2015. For each variety, about 2 kg of cherries were randomly sampled from several trees and processed immediately or frozen within 1 h after harvest and stored at -80°C until used. The cherry cultivars were selected according to the different skin and flesh colors, from pale yellow flesh and slightly reddish skin to dark red cultivars (see supplementary Figure S1).

99 2.3. Extraction of phenolic compounds

Sweet cherry fruits (30 g) were pitted and homogenized with 50 mL of water/methanol/formic acid (28:70:2, v/v/v) with an Ultra-Turrax homogenizer for 2 min. The suspension was then stirred for 120 min at 30°C, centrifuged (3000*g*, 30 min, 4°C) and the supernatant filtered on paper. The extracts (1 mL) were then passed through a SPE cartridge preconditioned with 4 mL of acidified methanol (containing 0.1% of formic acid), followed by 5 mL of acidified water (containing 0.1% 105 of formic acid). Elution was carried out with acidified water (6 mL) to eliminate the unbound

106 material and phenolic compounds were then desorbed by elution with 3 mL of acidified methanol.

107 The obtained polyphenol-rich extracts were then used for the subsequent analysis. Each sample was108 extracted in triplicate.

109

2.4. Identification and quantification of phenolic compounds by liquid chromatography electrospray ionization ion trap mass spectrometer (LC-ESI-IT-MS)

112 Sweet cherry polyphenol-rich extracts were analyzed on a HPLC Agilent 1200 Series system 113 equipped with a C18 column (HxSil C18 Reversed phase, 250×4.6 mm, 5 µm particle size, 114 Hamilton company, Reno, Nevada, USA). The mobile phase consisted of (A) H₂O/formic acid 115 (99:1, v/v) and (B) acetonitrile/formic acid (99:1, v/v). The gradient started at 4% B for 0.5 min 116 then linearly ramped up to 30% B in 60 min. The mobile phase composition was raised up to 100% 117 B in 1 min and maintained for 5 min in order to wash the column before returning to the initial 118 condition. The flow rate was set at 1 mL/min. After passing through the column, the eluate was 119 split, and 0.3 mL/min was directed to an Agilent 6300 ion trap mass spectrometer. Two MS 120 experiments were performed, one in ESI negative ion mode and one using positive ESI ionization (for anthocyanins), under the same chromatographic conditions. ESI-MS parameters were as 121 122 follows: potential of the ESI source, 4 kV; capillary temperature, 400°C (Del Rio et al., 2004). 123 Identification of phenolic compounds in all samples was carried out using full scan, data-dependent 124 MS^2 scanning from m/z 100 to 800 and selected reaction monitoring. 125 Anthocyanins in sweet cherry extracts were quantified in cyanidin 3-O-glucoside equivalents. 126 Chlorogenic acids were quantified as 5-O-caffeoylquinic acid equivalents. Flavan-3-ols and

127 flavonols were quantified as epicatechin and quercetin-3-glucoside equivalents, respectively.

128 Hydroxybenzoic acids were quantified as gallic acid equivalents. Quantitative results were

expressed as mg of compounds per 100 g of fresh weight fruit.

- 130 The limits of detection (LOD) were 0.1 ng for anthocyanins, 0.27 ng for hydroxybenzoic acids, 0.14
- ng for chlorogenic acids, 1.04 ng for flavan-3-ols, 0.19 ng for flavonols and other flavonoids. The
- 132 limits of quantification (LOQ), defined as the lowest quantifiable concentration, were 0.6 ng for
- 133 <u>anthocyanins, 1.9 ng for hydroxybenzoic acids, 1.3 ng for chlorogenic acids, 2.4 ng for flavan-3-ols,</u>
- 134 <u>2.1 ng for flavonols and other flavonoids.</u>
- 135

136 2.5. Antioxidant capacity analysis

- 137 The total antioxidant capacity was performed by using four different assays.
- 138 The ABTS assay was carried out according to Re et al. (1999). The ABTS scavenging capacity was
- 139 expressed as µmol of trolox equivalent per 100 g of fresh weight fruit, by means of a calibration
- 140 curve obtained with trolox (50 to 500 μ mol/L), in the same assay conditions.
- 141 For the determination of the reducing ability of samples, a protocol based on the ferric 142 reducing/antioxidant power (FRAP) assay was utilized (Benzie & Strain, 1999). FRAP values were 143 referred to a linear regression curve plotting absorbance versus trolox concentration in the range of 144 50-1000 µmol/L, and expressed as µmoles of trolox equivalent per 100 g of fresh weight fruit.
- The capacity to scavenge hydroxyl radicals was evaluated according to the method reported by Tagliazucchi, Helal, Verzelloni, & Conte (2016). The hydroxyl radical scavenging capacity was expressed as µmol trolox per 100 fresh weight fruit. Calibration curve was created by using trolox standard solution at concentrations ranging between 350 and 1500 µmol/L.
- 149 The superoxide anion radical scavenging activity was determined by the method of Bamdad & 150 Chen (2013). The superoxide anion scavenging capacity was expressed as μ mol trolox per 100 fresh 151 weight fruit, by means of a calibration curve obtained with trolox (1000 to 10000 μ mol/L), in the 152 same assay conditions.
- 153
- 154 **2.6.** Statistics

- 155 All data are presented as mean \pm SD for three replicates for each prepared sample. Univariate
- analysis of variance (ANOVA) with Tukey's post-hoc test was applied using Graph Pad prism 6.0
- 157 (GraphPad Software, San Diego, CA, U.S.A.) when multiple comparisons were performed. The
- 158 differences were considered significant with P < 0.05. Principal component analysis was carried out
- 159 using the analytical data as variables and utilizing the software Solo (Eigenvector Research Inc.,
- 160 Manson, WA, U.S.A).

161 **3. Result and discussion**

162

163 **3.1.** Identification of the major phenolic compounds in the six cherry cultivars

164 In this study, the fruits of six sweet cherry cultivars (*Prunus avium*) were compared for their 165 phenolic profile and content. The phytochemical composition of these fruits, focusing on the

166 phenolic fraction, was investigated using a non-targeted procedure through LC-ESI-MS/MS

167 experiments. This approach allowed the full characterization of the phenolic fraction of cherries and168 the tentative identification of 86 compounds (**Table 1**).

Six compounds were identified by comparison with reference standards, while the remaining 80 compounds were tentatively identified based on the interpretation of their fragmentation patterns obtained from mass spectra (MS² experiments) and by comparison with the literature. The mass spectrum data along with peak assignments for the identified phenolic compounds are described in **Table 1** and in supplementary **Figures S2-S7**.

174

175 3.1.1. Chlorogenic acids

Six signals (peaks 1-6) at m/z 353 ([M-H]⁻¹) were observed that eluted between 14 and 27 min 176 177 (Figure S2). These components were easily identified as caffeoylquinic acids (CQAs) using the 178 hierarchical keys previously developed by Clifford, Johnston, Knight, & Kuhnert (2003). The peaks 179 1 and 2 both showed in the MS² spectra a base peak at m/z 191 and an intense secondary peak at m/z180 179 (Table 1), consistent with the fragmentation pattern of 3-CQA (Clifford et al., 2003). Using the 181 same chromatographic conditions, Clifford, Kirkpatrick, Kuhnert, Roozendaal, & Rodrigues Salgado (2008) found that *cis*-3-CQA eluted earlier than *trans*-3-CQA. Peaks 3 and 5 had a MS² 182 183 base peak at m/z 173 which is diagnostic of 4-CQA. On the basis of the elution order peak 3 was identified as *cis*-4-CQA and peak 5 as *trans*-4-CQA. Peaks 4 and 6 had a fragmentation MS² 184 spectra consistent with that of an authentic 5-CQA standard. Based on the elution order peak 4 was 185

186	identified as trans-5-CQA and peak 6 as cis-5-CQA (Clifford et al., 2008). Peaks 7-12 had a ([M-
187	H] ⁻¹) at m/z 337 (Figure S2), which on the basis of their MS ² spectra (Table 1) and in comparison
188	with the scheme proposed by Clifford et al. (2003) were identified as coumaroylquinic acids
189	(CoQAs). In particular, peaks 7 and 8 were assigned to the isomers <i>cis</i> - and <i>trans</i> -3-CoQA, peaks 9
190	and 10 to the isomers cis- and trans-4-CoQA and peaks 11 and 12 to the isomers trans- and cis-5-
191	CoQA (Clifford et al., 2008). Five feruloylquinic acids (FQAs) with a negative charged molecular
192	ion at m/z 367 ([M-H] ⁻¹) were identified in sweet cherries. Following the hierarchical scheme and
193	the order of elution they were identified as cis-3-FQA (peak 13), trans-3-FQA (peak 14), cis-4-
194	FQA (peak 15), trans-5-FQA (peak 16 also co-eluted with an authentic standard) and cis-5-FQA
195	(peak 17) (Table 1 and Figure S2). Compounds corresponding to the peaks 1-17 had already been
196	described in sweet cherry cultivars (Moeller, & Herrmann, 1983). The following minor
197	hydroxycinnamic acids have been described in sweet cherries for the first time in this study. Seven
198	signals (peaks 18-24) at m/z 515 were observed. Five compounds (peaks 18-22), eluting between 13
199	and 25 min, produced at MS ² m/z 353, 341 and 179. According to Clifford, Wu, Kirkpatrick, &
200	Kuhnert (2007), they can be classified as caffeoylquinic acid-glycosides with the caffeic acid
201	moiety (origin of m/z 179) attached to both the quinic acid (origin of m/z 353) and the hexose
202	(origin of m/z 341). The other two compounds with m/z 515 were identified as 3,5-dicaffeoylquinic
203	acid (peak 23) and 4,5-dicaffeoylquinic acid (peak 24) by their fragmentation pattern (Clifford,
204	Knight, & Kuhnert, 2005). Peaks 25-27 had a negative charged molecular ion at m/z 353 ([M-H] ⁻¹)
205	which is characteristic of both caffeoylquinic acid lactones (CQLs) and caffeoylshikimic acids
206	(CSAs). Based on previously published fragmentation spectra (Jaiswal, Matei, Subedi, & Kuhnert,
207	2014), peaks 25 and 27 were identified as CSAs, whereas peak 26 contained both 3- and 4-CQL.
208	Two additional lactones, 3-coumaroylquinic acid lactone (3-CoQL) and 4-CoQL were identified as
209	compounds in peaks 28 and 29 (Jaiswal et al., 2014). Peaks 30 and 31 exhibited the same molecular
210	ion at m/z 499. However, they differed in their MS ² fragment ion spectra (Table 1). According to

211	Clifford, Mark, Knight, & Kuhnert (2006a) they were tentatively identified as 3-p-coumaroyl-5-
212	caffeoylquinic acid and 3-caffeoyl-4-p-coumaroylquinic acid, respectively. Several
213	hydroxycinnamic acid hexoses were identified in cherries, for the first time. In particular, peak 32
214	was identified as coumaroyl hexose (m/z 325), peaks 33 and 34 as caffeoyl hexose (m/z 341), peak
215	38 as feruloyl hexose (m/z 355) and peak 39 sinapoyl hexose (m/z 385), by its fragmentation spectra
216	(Dall'Asta et al., 2012; Clifford et al., 2007). Two additional signals were found at m/z 341 (peaks
217	35 and 36). They were always characterized by a loss of 162 Da (hexoside moiety) with the
218	appearance of a daughter ion at m/z 179 consistent with the presence of a caffeic acid residue. In
219	keeping with published data, these compounds were tentatively identified as caffeic acid-glycosides
220	(Clifford et al., 2007). Similarly, peak 40, which was characterized by a negative molecular ion at
221	m/z 385, was identified as sinapic acid-glycoside. Peak 37 had a [M-H] ⁻ at m/z 327, which upon
222	MS^2 fragmentation yielded a daughter ion at m/z 165, consistent with a loss of 162 Da (hexoside
223	moiety). A comparison with previous finding indicated that peak 36 is probably caffeoyl alcohol-
224	hexoside (Vanholme et al., 2012).
225	A total of 40 chlorogenic acids were identified in cherry fruit, which indicated hydroxycinnamic
226	acid derivatives as the main class of phenolics by number of compounds.

227

228 3.1.2. Flavan-3-ols

229 Four monomeric flavan-3-ols already described in cherries were found (Figure S3) (de Pascual-

230 Teresa et al., 2000; Bastos et al., 2015). Catechin and epicatechin (peaks 41 and 42; m/z 289) were

identified by comparison of retention time and fragmentation spectra with authentic standards. 231

232 Epicatechin-3-gallate and (epi)catechin-glucoside (peaks 43 and 44; *m/z* 441 and 451, respectively)

were identified based on their fragmentation patterns (MS² experiments) and by comparison with 233

the literature (Bastos et al., 2015; Del Rio et al., 2004). 234

235 Five type-B procyanidin dimers ((epi)catechin-(epi)catechin) were identified at m/z 577 (peaks 47-51) (Figure S3). The fragmentation pattern reported in Table 1 is consistent with previously 236 237 reported data (Gu et al., 2003). De Pascual-Teresa et al. (2000) identified in sweet cherries six type-B procyanidin dimers and one procyanidin trimer. We were not able to identify B-type trimer in our 238 239 study but we reported for the first time the presence of two B-type procyanidin tetramers, one Btype procyanidin pentamer and one propelargonidin dimer. The doubly charged ion, $[M-2H]^{2-}$ 576, 240 was present as two peaks (45 and 46) and gave MS^2 fragments at m/z 289 ((epi)catechin), 425, and 241 242 407, a fragmentation pattern consistent with B-type tetrameric procyanidin (Wollgast, Pallaroni, 243 Agazzi, & Anklam, 2001). Peak 53 had a negative double charged ion at m/z 720 (molecular weight of 1440 Da consistent with B-type procyanidin pentamer) which gave product ions in the MS² 244 245 spectra at m/z 289 ((epi)catechin), 577 (procyanidin dimer), 405 and 407, and was tentatively 246 identified as B-type procyanidin pentamer (Wollgast et al., 2001). Finally, peak 52 presented a [M-247 H]⁻ at m/z 561 whose fragmentation pattern (**Table 1**) was identical to that of the propelargonidin 248 dimer (epi)afzelechin-(epi)catechin, previously describe in strawberries (Gu et al., 2003).

249

250 3.1.3. Flavonols and other minor colorless phenolic compounds

251 Among the 7 flavonol derivatives (Table 1 and Figure S4) detected, 5 (compounds 54, 55, 57, 58) 252 and 59) had been previously identified in sweet cherries (Chaovanalikit, & Wrolstad, 2004; Bastos 253 et al., 2015; Picariello et al., 2016), while compounds 56 and 60 have been described in sweet 254 cherry for the first time. Compound 60 was identified by comparison with previously reported data 255 (Mena et al., 2016). Compound 56 had the same negative molecular ion (m/z, 463) as compound 54, 256 which was identified as quercetin-3-O-glucoside by comparison with an authentic standard. The analysis of MS^2 spectra revealed the loss of 162 Da (hexose group) to produce an m/z 301 257 258 (quercetin) daughter ion. This compound was therefore tentatively identified as quercetin-hexoside. 259 Compounds 61 and 62 presented an identical pseudomolecular ion $[M-H]^-$ at m/z 433 releasing a 260 fragment ion at m/z 271 (loss of a hexose group), which might be coherent with naringenin-261 hexoside (Table 1 and Figure S5) (Bastos et al., 2015). Compounds 63 and 64 showed the same negative molecular ion (m/z 611) which gave product ions in the MS² spectra at m/z 285 and 303 262 263 characteristic of taxifolin aglycone (Bastos et al., 2015). The loss of 308 Da is typical of a rutinose 264 moiety, and therefore these compounds were tentatively identified as isomers of taxifolin-rutinoside 265 (Bastos et al., 2015). On the other hand, compounds 65 and 66 presented the same negative 266 molecular ion (m/z 465) and a fragmentation pattern typical of taxifolin-hexoside (Bastos et al., 267 2015).

268 Three hydroxybenzoic acid-glycosides and two hydroxybenzoyl acid hexoses have been described 269 for the first time in sweet cherries in this study (Table 1 and Figure S6). Four signals (peaks 67-70) at m/z 315 were observed. All of the compounds in the MS² experiments gave a base peak at m/z270 271 153, corresponding to protocatechuic acid aglycone that correspond0s to a loss of 162 Da (hexose moiety). The MS² spectra of the compounds 69 and 70 were also characterized by fragment ions at 272 273 m/z 195 [M-H-(CH₂O)₄]⁻, 267 [M-H-(CH₂O)-H₂O]⁻, 207 [M-H-(CH₂O)₄-H₂O]⁻ and 177 [M-H-274 $(CH_2O)_3-H_2O]^-$ which could be produced by the loss of a –CHOH unit. This behavior is indicative of 275 sugar fragmentation and, is essentially identical to that of caffeoyl hexose (Clifford et al., 2007). 276 We tentatively assigned these to isomeric protocatechuoyl hexose. Whereas, compounds 67 and 68 277 did not show any evidence of sugar fragmentation and were, therefore, tentatively identified as 278 protocatechuic acid-glycoside. Protocatechuic acid $(m/z \ 153)$ was also found as aglycone (peak 71). 279 Two signals (peaks 72 and 73) at m/z 299 gave a base peak in the fragmentation spectra at m/z 137, 280 which is indicative of the presence of a hydroxybenzoic acid residue. This fragment originated by 281 the loss of 162 Da suggesting the presence of a hexoside moiety. Peak 73 showed evidence of sugar 282 fragmentation (signals at m/z 269, 239, 209 and 179 characteristic of the loss of –CHOH units) whereas peak 72 did not show any evidence of sugar fragmentation. The two compounds were, 283

therefore, tentatively identified as hydroxybenzoyl-glycoside (peak 72) and hydroxybenzoic acid

hexose (peak 73). Peak 74 showed a molecular negative ion at m/z 329, which fragmented in the

286 MS² experiments giving a base peak at m/z 167, suggesting the presence of a vanillic acid residue.

287 The loss of 162 Da and the absence of sugar fragmentation evidence prompt us to tentatively

identify this compound as vanillic acid-glycoside.

288 289

290 3.1.4. Anthocyanins

A total of 12 anthocyanins were identified in sweet cherries (**Table 1** and **Figure S7**). Compounds

292 75-80 had been already identified in sweet cherries, while compounds 81-86 have been described in

sweet cherries for the first time (Chaovanalikit, & Wrolstad, 2004; Gao, & Mazza, 1995).

294 Compound 81 had a positive charged molecular ion at m/z 757, yielding MS² ions at m/z 595, 449

and 287. The fragments at m/z 595, 449 and 287 correspond to the loss of a hexose moiety (-162

Da), a coumaroyl moiety (-146 Da) and a further hexose moiety (-162 Da), respectively. The ion at

297 m/z 287 suggested that the aglycone is cyanidin and the compound was therefore tentatively

identified as cyanidin-3-(6-O-p-coumaroyl)-5-O-diglucoside (Flamini, 2013).

299 Compound 82 had a positive charged molecular ion at m/z 581, yielding a MS² ion at m/z 287,

300 which suggests the presence of cyanidin as aglycone. This compound was identified, on the basis of

301 published data, as cyanidin-3-sambubioside (Giusti, Rodríguez-Saona, Griffin, Wrolstad, 1999).

302 Compounds 83-86 were tentatively identified by comparison with previously reported data

303 (Flamini, 2013; Pereira-Caro, Cros, Yokota, & Crozier, 2013).

304

305 3.2. Profile of phenolic compounds in the six cherry cultivars

306 **Table 2** and **Figure 1** provide information about the amount of the 86 tentatively identified

307 phenolic compounds in the six cherry cultivars.

309 3.2.1. Chlorogenic acids

310 Caffeoylquinic and coumaroylquinic acids were the main chlorogenic acids found in the studied 311 cherry cultivars (in average 42.85% of total identified phenolic compounds). Among them, 3-312 coumaroylquinic acid was the major compound detected, with the exception of the cultivar Lapins 313 where 3-caffeoylquinic acid was present at a higher amount. Interestingly, both the caffeoylquinic 314 and coumaroylquinic acids were found in the cherries as *trans* and *cis* isomers. It is known that, 315 naturally, plants synthesize the trans-isomers over the cis-isomers (Clifford, Jaganath, & Clifford, 316 2006b). The latter *cis* isomers have been reported to be formed in tissue or extracts previously 317 exposed to UV light. It has been hypothesized that chlorogenic acids present in the plant tissue 318 exposed to natural UV light (such as fruits) undergo trans-cis isomerization, whereas in the 319 unexposed tissue, such as coffee seeds, they remain stable (Clifford et al., 2005, 2006b, 2008). 320 Isomerization can also take place during MS experiments with electrospray ionization (Xie et al., 321 2011). However, trans-cis isomerization was not observed when a pure standard of trans 5-322 caffeoylquinic acid was injected into the mass spectrometer at the same conditions of the extract 323 excluding the possibility of an artefact due to the electric field during MS experiments. To the best 324 of our knowledge, this is the first demonstration of the presence in high amounts of the cis isomers 325 of chlorogenic acids in cherries. The amount of the trans isomer of 3-coumaroylquinic acid varied 326 from 53.42 mg/100g (cultivar Della Marca) to 452.52 mg/100g (cultivar Durone Nero), whereas the 327 quantity of the cis isomer ranged between 15.15 mg/100g (cultivar Della Marca) and 220.54 328 mg/100g (cultivar Moretta). Previous studies found that the fruit of the sweet cherry cultivar Sam 329 was that with the highest amount (131.5 mg/100g) of trans 3-coumaroylquinic acid (Gao, & Mazza, 330 1995), which is lower than the amount found in this study in the fruit of the cultivars Durone Nero, 331 Bigarreau, Moretta and Celeste. Among the other coumaroylquinic acids, 4-coumaroylquinic acid 332 was always present at a higher concentration than 5-coumaroylquinic acids. The cultivar with the 333 highest concentration of coumaroylquinic acids was Durone Nero where they accounted for 32.79%

334 of the total phenolic compounds, with the *trans* isomers of 3-coumaroylquinic acids accounting for 335 23.83% and the *cis* isomer for 7.16% of the total phenolic compounds. The cultivar with the highest 336 content of caffeoylquinic acids was Lapins, which contained 230.20 mg/100g of total 337 caffeoylquinic acids, representing the 18.69% of total phenolic compounds. The amount of trans 3-338 caffeoylquinic acids found in the tested cultivars is in keeping with previous studies (Moeller, & 339 Herrmann, 1983; Gao, & Mazza, 1995). Additional minor hydroxycinnamic acid derivatives were 340 found in sweet cherry cultivars, with *trans*-3-feruloylquinic acid and caffeic acid-glycoside being 341 the most representative.

342

343 3.2.2. Flavan-3-ols

Among the identified flavan-3-ols, epicatechin was the predominant ranging in concentration

between 136.61 mg/100g (cultivar Lapins) and 397.19 mg/100g (cultivar Durone Nero). The

amount of epicatechin was from 5 to 40 times higher than that previously reported in sweet cherry

347 cultivars (Arts, van de Putte, & Hollman, 2000; de Pascual-Teresa et al., 2000). Catechin, instead,

348 was always present at lower concentration. The other two identified flavan-3-ol monomer,

349 epicatechin-3-gallate and catechin-glucoside were present at low concentration in all the analyzed

350 cultivars, with the exception of the cultivars Durone Nero and Bigarreau which contained catechin-

351 glucoside in appreciable amount (7.77 and 10.16 mg/100g, respectively).

352 The total procyanidin content in the cherry cultivars ranged from 13.39 to 41.69 mg/100g in the

353 cultivars Lapins and Durone Nero, respectively. The total levels of procyanidins in sweet cherries

are in line with those reported by Chaovanalikit, & Wrolstad (2004), who found that the sweet

355 cherry cultivars Royal Ann and Rainier contained 20.2 and 7.2 mg/100g of total procyanidins,

356 respectively.

357 The cultivar with the highest concentration of flavan-3-ols (monomers + oligomers) was Durone

358 Nero (515.64 mg/100g) where they accounted for 27.16% of the total phenolic compounds. In the

cultivar Della Marca, the amount of total flavan-3-ols account for about the 56% of total phenoliccompounds.

361

362 **3.2.3.** Flavonols and other minor colorless phenolic compounds

363 The sweet cherry cultivars analyzed in this study contained seven flavonols, with their

364 concentration ranging from 11.39 to 85.64 mg/100g in the cultivars Della Marca and Bigarreau,

365 respectively. In all the cultivars, quercetin-3-rutinoside was the main flavonol detected in amounts

366 comprised between 5.13 and 51.97 mg/100g. Previous studies reported quercetin-3-rutinoside

367 quantities in sweet cherry cultivars between 7.8 and 34.2 mg/100g (Serra et al., 2011).

368 Four dihydroflavonols were identified in some of the cherry cultivars, in amounts that exceeded

those of flavonols. In the cultivar Lapins, the two isomers of taxifolin-rutinoside accounted for

370 9.94% of total phenolic compounds, representing the third most concentrated colorless phenolic

371 compound after 3-caffeoylquinic acid and epicatechin. Taxifolin glycosides have been recently

372 reported in sweet cherry fruits in amounts comparable with that found in this study (Bastos et al.,

373 2015).

Isomers of the flavanone naringenin-hexoside and of hydroxybenzoic acids glycoside were found in
the different cultivars at low concentrations, representing less than 1% of total phenolic compounds.

377 3.2.4. Anthocyanins

Cyanidin-3-rutinoside and cyanidin-3-glucoside were the main anthocyanin detected in the four
anthocyanin-rich cherry cultivars (Moretta, Durone Nero, Bigarreau and Lapins) representing the
87.11-97.57% of total anthocyanins. The remaining anthocyanins consisted of ten minor
compounds with peonidin-3-rutinoside and pelargonidin-3-rutinoside being the most representative.
Significant differences in the concentration of total and individual anthocyanins in sweet cherry
cultivars have been previously reported (Esti, Cinquanta, Sinesio, Moneta, & Di Matteo, 2002; Gao,

& Mazza, 1995; Mozetiĉ, Trebŝe, Simĉiĉ, & Hribar, 2004). The data obtained in the present study is
in keeping with these studies.

The highest amount of cyanidin-3-rutinoside was found in the cultivar Lapins (389.90 mg/100g)
where it represented the 31.65% of total phenolic compounds and the 84.25% of total anthocyanins.

389 3.3. Antioxidant activity analysis

390 To fully characterize the properties of the sweet cherry cultivars the ability to scavenge some 391 physiologically relevant radicals (superoxide anion and hydroxyl radical), organic nitro-radical 392 ABTS as well as the reducing power were also evaluated. In this study, the cultivar Lapins and 393 Moretta showed a significantly higher ABTS radical scavenging activity as well as a significantly 394 higher reducing power in comparison to other cultivars (Figure 2A and 2B). The antioxidant 395 capabilities of the sweet cherry extracts determined with the FRAP and ABTS assays provided 396 values between 533.1 and 3153.6 µmol trolox/100g fresh weight and between 1323.6 and 6784.9 397 µmol trolox/100g fresh weight, respectively, being within the order of magnitude already reported 398 for cherries (Mc Cune et al., 2011; Picariello et al., 2016). However, when the scavenger ability 399 against physiologically relevant radicals were considered, the cultivar Durone Nero showed the 400 highest scavenger ability (Figure 2C and 2D).

401

402 **3.4.** Chemometric approach to evaluate the relationships among the results

To achieve a better understanding of the characteristics of the different cherry cultivars and to identify a potential relational network between cherry cultivars and phenolic compounds, principal component analysis (PCA) was applied (**Figure 3**). Three principal components explained 80.53% of the total variation. The bi-plot PC1 vs PC2 showed a clear splitting of the cultivars: the lightest cherries negatively linked to the PC1 whereas the darkest cultivars had positive scores on the same component (**Figure 3A and B**). The first group, Della Marca e Celeste, had negative scores on PC1 409 and were characterized by the presence of glycosides of hydroxycinnamic acids and caffeic acid 410 derivatives, and a low amount of anthocyanins. Otherwise, Bigarreau, Durone Nero, Lapins and 411 Moretta constituted the second group, positively linked to PC1, characterized by a high content in 412 anthocyanins. This clusterization obtained by PCA clearly reflected the visible differences due to 413 the cultivar and the type of cherries themselves (Figure 3A and B). PC2, mainly associated with 414 hydroxybenzoic and hydroxycinnamic acids, had positive loadings for protocatechuic acid and 415 glycosides of hydroxybenzoic acid and protocatechuic acid-glycoside, hydroxybenzoyl hexose, 416 vanillic acid-glycoside, caffeic acid derivatives and caffeoylquinic acid-glycoside (Figure 3A and 417 **C**).

418 Focusing on PC2 it is possible to notice how anthocyanins split themselves depending on cultivars: 419 peonidins, malvidins and derivatives had positive PC2 scores; differently cyanidins and 420 pelargonidins had no remarkable connection to the second component. The discrimination among 421 the darkest cultivars, which were split into two groups, was highlighted on PC2. The first group 422 composed of Durone Nero and Bigarreau showed a high content of flavan-3-ols, such as catechin 423 and epicatechin, and flavonols and derivatives, kaempferol-3-glucoside and kaempferol-3-424 rutinoside. Moretta and Lapins characterized the second group and showed a positive correlation to 425 the second component and a high amount of hydroxybenzoic and hydroxycinnamic acids and 426 derivatives of both classes (Figure 3A and C). The third component explained about 19% of the 427 total variation and the bi-plot showed a lower data scattering between the axes. A clear 428 discrimination among darkest cultivars was also shown on PC3: Moretta and Bigarreau had positive 429 scores on PC3, otherwise Durone Nero and Lapins had a negative score on the same component 430 (Figure 3B and C). PC3 had positive loadings for tetramer and dimer B type of procyanidins and 431 was negatively correlated to the cis isomer of 4- and 5-feruloylquinic acid. It can also be noted that 432 a large amount of flavonols and derivatives were negatively linked to PC3, such as kaempferol-3-433 rutinoside, kaempferol-3-glucoside, quercetin-7-O-glucoside-rutinoside and quercetin-3-O-

434 rutinoside

It should be noted that Celeste showed the most balanced phenolic profile among the cultivars
tested, exhibiting medium contents for all the compounds identified. Celeste showed constant
medium-low values for PC1, PC2 and PC3.

438

439 4. Conclusion

440 The quantitative metabolomics approach allowed the tentative identification of 86 individual 441 phenolic compounds in cherry cultivars. Among the detected compounds, 40 have been reported for 442 the first time in cherry fruits. This non-targeted approach investigating the phenolic fingerprinting 443 and chemometric discrimination of the six cherry cultivars allowed the tentative identification of the 444 cultivar-compound relationships of these six cherry cultivars. Results reported in this study showed 445 that both cherry colorless phenolic compounds and anthocyanins vary, depending on the cultivar. In 446 detail, the anthocyanins and flavonols patterns have the potential to be used for the determination of 447 a varietal assignment of cherries. This is of paramount importance considering that most of the 448 produced sweet cherries are processed in semi-transformed products in which the original cultivar is 449 lost. The definition of easy-to-identify markers and the application of fast and reproducible 450 metabolomics approach is of preeminent importance for the identification of the cultivar used for 451 the production of processed foods. However, further studies are necessary to better understand how 452 the agro-climatic factors (such as growing, harvesting time, seasonal variability) may influence the 453 phenolic composition of the different cherry cultivars.

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Figure captions

Figure 1. Global percentage of hydroxycinnamic acids, flavan-3-ols, flavonols, hydroxybenzoic acids, anthocyanins and other flavonoids in the six sweet cherry cultivars.

Figure 2. Antioxidant capacity (expressed as μ mol trolox/100g of fresh weight), measured by ABTS (A), FRAP (B), superoxide anion (C) and hydroxyl scavenging (D) assays, of the polyphenols-rich extracts of six cherry cultivars (*y*-axes). Each sample was run in triplicate and results are reported as mean values ± SD. Values in the same graph with different lowercase letter are significantly different (*P* < 0.05).

Figure 3. Principal component analysis of cherry cultivars. (A) Loading plot of PC1 versus PC2.
(B) Loading plot of PC1 versus PC3. (C) Loading plot of PC2 versus PC3. Code number of compounds is reported in Table 1. The symbol ● identified cherry cultivars whereas the symbol ▲ identified the compounds.